Guardian consent for application

headspace Youth National Reference Group (hY NRG)

hY NRG are a group 20 of young people, aged 16 to 25, passionate about youth mental health. headspace provides hY NRG young people with training and support to build skills in public speaking, responding to media, and undertaking mental health advocacy. You should know that being on hY NRG involves:

- Attending up to three in-person meetings at headspace National in Melbourne pending coronavirus travel restrictions (hY NRG members will be expected to travel on their own. All travel and accommodation costs will be covered by headspace).
- Staying connected to hY NRG through regular Zoom meetings and over email/online platforms.
- Engaging in youth participation opportunities with headspace National. This may require travel around Australia pending coronavirus restrictions. Costs required in participating will be covered by headspace National.

While being on hY NRG is a big commitment, it is also flexible and allows young people to participate in activities around their other commitments. Many of the opportunities related to hY NRG are optional; we expect members to commit to at least four participation opportunities beyond face to face meetings.

The application process to become a hY NRG member consists of completing an application, and if shortlisted, attending an interview conducted via Zoom. If successful, another consent form will need to be completed.

If you would like more information, check out the website **headspace.org.au/hynrg-apply** and related documents including the Position Description and FAQs. If you have additional questions please contact the participation team on participation@headspace.org.au or call (03) 9027 0100 and ask for the Participation team.

I support _____ (young person's name), in their application for

a role as hY NRG member (May 2023– November 2024) for headspace National Office.

Signed:_____   Date: ____/____/_____

Name: _____   Phone number: _____

Relationship to young person: _____