



**IT'S
FREE**

TURNING TIDES

WORKSHOPS

For parents and teens to get
to know each other better.

Workshops held at headspace Bankstown
1/41-45 Rickard Rd, Bankstown NSW 2200

REACH



headspace
Bankstown

For enquiries and bookings contact:

headspace.bankstown@flourishaustralia.org.au

or

9393 9669

5 workshop series

- | | |
|---|---|
| 1 | Wednesday 26 August 6pm - 8pm |
| 2 | Saturday 19 September 10am - 4pm |
| 3 | Wednesday 14 October 6pm - 8pm |
| 4 | Wednesday 18 November 6pm - 8pm |
| 5 | Wednesday 9 December 6pm - 8pm |