



Things we have control over.

It is important to understand what we are in control of during difficult times we face.

One thing we have control over is how we treat others.

Treatment of others

It is important to realise our behaviours when tackled with a difficult situation in life. Practising respectful behaviours can ensure that we are working together to build a safe environment for all.

Some examples can be:

- Treating people with kindness and giving people compliments
 - Listening to opinions and respecting them
 - Listening to ideas and being open minded

- Using your manners
- Helping other people when needed
- Smiling

Lets practice these behaviours together!

