



headspace

National Youth Mental Health Foundation

Level 2, South Tower

485 La Trobe Street, Melbourne VIC 3000

Tel +61 3 9027 0100 Fax +61 3 9027 0199

headspace.org.au

Position Description

Mental Health Clinician

headspace Adelaide

Location:	headspace Adelaide
Department:	headspace Services Limited
Classification:	HPSS Award – HP2
Employment Type:	Full Time/Part Time, Maximum Term
Approved By:	Greg Young _____
Date Approved:	January 2018 _____
Agreed By:	_____
Date Agreed:	_____

1. HEADSPACE VISION

All young Australians are supported to be mentally healthy and engaged in their communities.

2. HEADSPACE MISSION

headspace collaborates to design and deliver innovative ways of working with young people to strengthen their mental health and wellbeing.

3. HEADSPACE VALUES

It is a requirement of all **headspace** positions that work will be undertaken in line with the **headspace** values as follows:

- Innovative – We have the courage to explore new ideas and take new approaches
- Collaborative – We bring the right people together to get the best result
- Inclusive – We respect and value diversity and believe everyone counts
- Achieve – We are responsive to community needs and deliver on expectations
- Passionate – We are dedicated to making a difference in the lives of young people and their families

4. POSITION SUMMARY

The Mental Health Clinician is part of the **headspace** Adelaide Centre team and works to support a multidisciplinary approach to mental healthcare. The incumbent is primarily responsible for providing clinical triage, intake, assessment and brief intervention services in collaboration with other health practitioners in order to enhance the physical and mental health outcomes of young people with mental health conditions living in the community. The incumbent is committed to providing clinically effective, youth friendly and individually focused therapeutic interventions that are of the highest standard, and will actively participate in clinical review and supervision.

5. POSITION CONTEXT

The Mental Health Clinician will be adept in working as part of a multidisciplinary team and will be an experienced professional with considerable knowledge and experience in mental health service provision. The Mental Health Clinician will work collaboratively with all clinical staff, including Private Practitioners, located at **headspace** Adelaide to deliver high-quality services to young people. This position reports to the Clinical Team Leader and will also establish and maintain working relationships with key agencies in the community to establish integrated care pathways for young people.

headspace Adelaide is operated by **headspace** Services Limited, a subsidiary of **headspace** National Youth Mental Health Foundation. **headspace** Adelaide consists of a **headspace** Centre and the South Australian **headspace** Youth Early Psychosis Program (hYEPP), which are co-located in order to assist with service access and integration.

headspace centres aim to create highly accessible, youth friendly, integrated service hubs that provide evidence based interventions and support to young people aged 12–25 years. The aim is to improve outcomes for young people by addressing the major barriers for service use, and enabling better access to, and engagement in, early intervention services that provide holistic and integrated care.

6. KEY RESPONSIBILITIES/OUTCOMES

- Provide appropriate clinical services across the mental health spectrum.
- Provide specialist triage, assessment, intervention and review as well as provide other health practitioners with consultation and advice regarding ongoing management.
- Support the development of a multi-disciplinary approach and providing support to other clinicians through peer supervision.
- Contributing to the integrity of all internal information systems as required, by maintaining data through timely updates and revision of information where required.
- Ensuring the collection of all relevant data in order to measure deliverables and continuously improve the delivery of services.
- Providing timely, high quality reports as required in collaboration with all **headspace** Centre staff.
- Achieving high quality service delivery, through engaging in the business improvement process and contributing and complying with all processes and procedures in the Integrated Quality System.
- Participate in relevant training and development activities as an effective team member.
- Build and maintain effective relationships with key stakeholders involved in the provision of health, mental health and psychosocial services to young people.
- Model and demonstrate constructive working relationships and information exchange across the organisation.
- Other duties consistent with the position where required and/or requested by a member of the **headspace** Adelaide leadership team.

7. SELECTION CRITERIA

7.1 Essential Requirements

- Approved tertiary qualification in an allied health discipline, including social work, psychology (clinical, counselling, and 4+2 pathway or 5+1 pathway), mental health nursing, and occupational therapy.
- Eligibility for membership of an appropriate professional body. Social workers are required to be eligible for full membership with AASW. Psychologists, mental health nurses, and occupational therapists are required to have full registration with AHPRA.
- Knowledge and understanding of evidence based psychological interventions and contemporary therapies of the treatment and management of mental health disorders.
- Experience in the design and implementation of psychological interventions for a range of mental health conditions.
- Demonstrated experience in a range of settings within the mental health system including working with young people.
- Highly developed verbal and written communication skills
- Proven track record in building and maintaining effective working relationships with a range of stakeholders.
- Advanced computer skills including word processing, spreadsheets, electronic recording systems and data management tools.
- Ability to work in a highly productive environment with time pressures whilst managing multiple tasks.
- Ability to work both independently and collaboratively as a productive team member.

7.2 Desirable Requirements

- Postgraduate qualification in an area related to youth mental health.
- Experience with facilitating group-based interventions
- Experience in the Not for Profit and/or public health sector.
- A broad understanding of the mental health service system in Australia.

8. POLICIES AND WORKPLACE PRACTICES

All **headspace** employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognisant with and uphold the objectives and philosophy of **headspace**
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times