



headspace

National Youth Mental Health Foundation

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headspace.org.au

Position Description

Clinical Advisor

Location: National Office - Melbourne

Department: Clinical Programs

Level: HS6

Employment Type: Full time (1.0 FTE), Maximum Term

Approved By: Vikki Ryall

Date Approved: July 2018

Agreed By: _____

Date Agreed: _____

1. HEADSPACE PURPOSE

To build the resilience of young people and the future potential of Australia by delivering effective youth mental health services in partnership with young people, their families and their local communities.

2. HEADSPACE VALUES

It is a requirement of all **headspace** positions that work will be undertaken in line with the **headspace** values as follows:

- Innovative – We have the courage to explore new ideas and take new approaches
- Collaborative – We bring the right people together to get the best result
- Inclusive – We respect and value diversity and believe everyone counts
- Achieve – We are responsive to community needs and deliver on expectations
- Passionate – We are dedicated to making a difference in the lives of young people and their families

3. POSITION SUMMARY

The Clinical Advisor will play a pivotal role in the review, design, development and implementation of clinical resources for use across the **headspace** National network. These resources will contribute to an expanding range of evidence-based, innovative, youth friendly mental health

resources designed for young people. The resources will be implemented online within a stepped-care framework, whereby young people are able to access clinical resources appropriate to their needs. These resources will also include a strong focus on health promotion, mental health literacy and improve the capacity of young people to implement self-care behaviours.

Working collaboratively with other departments within **headspace** National Office, directly with young people across all stages of resource development, and with external partner organisations, the incumbent will provide clinical advice and expertise in the development of these resources.

The Clinical Advisor will also play a key role in the development of new clinical resources and guidelines designed for internal use amongst clinicians across the **headspace** network to support the delivery of best practice clinical care.

As part of the Clinical Practice team, the incumbent will adopt a continuous improvement approach to ensure that all **headspace** resources are evidence-based, underpinned by robust clinical governance, quality and safety principles, and developed in collaboration with the centre network, young people and their families and friends.

4. POSITION CONTEXT

Reporting to the Senior Clinical Advisor, the Clinical Advisor will provide a support to the development and refinement of **headspace** clinical mental health content, including actively supporting content development and frontline intervention in line with a stepped care model. With significant expertise in youth mental health, the incumbent will facilitate evidence-based and integrated health care, with the goal of improving outcomes for young people and their families. The Clinical Advisor will collaborate with other departments within **headspace** National to support appropriate and effective knowledge transfer processes.

5. KEY RESPONSIBILITIES/OUTCOMES

- Lead the development and delivery of clinical resources on behalf of **headspace** to support delivery of evidence-based best practice in the area of youth mental health and to promote understanding of mental health.
- Provide clinical content, input and review to the design and delivery of resources to ensure content is clinically sound.
- Incorporate principles of effective health communication and principles of behaviour change theory within external facing clinical content.
- Promote and maintain a culture of continuous quality improvement across the workforce and service responses across **headspace**.
- Negotiate and prioritise workload with supervisor and other staff responsible for initiatives and projects to enable the successful delivery of initiatives and projects.
- Maintain professional certification and accreditation and undertake professional practice, professional development and/or research in order to maintain currency in existing expert skills and knowledge and to acquire new expert skills and knowledge
- Contribute innovation, commitment, and collegiality to enable **headspace** to improve the lives of young people and their families.
- Practice in accordance with relevant standards and participate in appropriate discipline specific activities, professional development activities including supervision.
- Any other duties consistent with the position where required by the Senior Clinical Advisor or Head of Clinical Practice.

6. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

6.1 Essential

- Approved tertiary qualifications in a relevant allied health discipline

- A minimum of 5 years' experience in the application of clinical practice in the mental health field and specifically in early intervention for young people experiencing mental ill health and their families. This should include a level of clinical skill in assessment, case formulation and interventions.
- Eligibility for membership of an appropriate professional body:
 - Psychologists, mental health nurses, and occupational therapists are required to be fully registered with the Australian Health Practitioner Regulation Agency (AHPRA)
 - Social workers are required to be eligible for full membership with the Australian Association of Social Workers (AASW)
- A strong knowledge of the rationale, evidence for and treatments for early intervention in youth mental health.
- Strong organisational, time management and project management skills.
- Proven track record in building and maintaining effective working relationships with a range of stakeholders.
- Highly developed verbal and written communication skills.
- Ability to work both independently and collaboratively as a productive team member.
- Demonstrated ability to develop, implement and evaluate professional development and training activities for a variety of audiences.
- Demonstrated knowledge and understanding of models of health promotion, health communication and behaviour change.
- Ability to work collaboratively and effectively with young people and their families, and capacity to deal with the range of co-morbidity and complexity inherent in these young people

6.2 Desirable

- A current driver's licence
- Experience in the Not for Profit and/or public health sector.
- Experience in the primary care platform.
- A broad understanding of the mental health service system in Australia.

7. POLICIES AND WORKPLACE PRACTICES

All **headspace** employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognisant with and uphold the objectives and philosophy of **headspace**
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times