



Position Description

eheadspace Senior Clinician

Department:	eheadspace
Salary range:	HS5 (5+ years of experience since full registration)
Employment Type:	Part Time, Maximum Term (minimum 6 shifts per fortnight, involving day, evening & weekend shifts)
Approved By:	Steve Leicester _____
Date Approved:	April 2018 _____
Agreed By:	_____ _____
Date Agreed:	_____ _____

1. HEADSPACE VISION

All young Australians are supported to be mentally healthy and engaged in their communities.

2. HEADSPACE MISSION

headspace collaborates to design and deliver innovative ways of working with young people to strengthen their mental health and wellbeing.

3. HEADSPACE VALUES

It is a requirement of all **headspace** positions that work will be undertaken in line with the **headspace** values as follows:

- Innovative – We have the courage to explore new ideas and take new approaches
- Collaborative – We bring the right people together to get the best result
- Inclusive – We respect and value diversity and believe everyone counts
- Achieve – We are responsive to community needs and deliver on expectations
- Passionate – We are dedicated to making a difference in the lives of young people and their families

4. POSITION SUMMARY

eheadspace Clinicians provide online mental health services to young people and their families, including: screening; assessment; delivery of brief psychological interventions; and information and referral to face to face services. Clinicians work within the **eheadspace** clinical model, maintain appropriate clinical records and contribute to the review and development of **eheadspace**.

The **eheadspace** Senior Clinician provides clinical consultation and supervision to HS4 and HS3 clinicians to support their work with young people and their wellbeing. As required, the Senior Clinician will lead clinical decision making across the shift. The Senior Clinician supports the Clinical Coordinator to shape a responsive and respectful workplace culture that integrates the **headspace** values.

From time to time, **headspace** secures contracts to deliver other short-term mental health initiatives through its virtual capabilities, for example the 'friends and family' and 'Victorian Regional Schools' telephone lines. Successful candidates will be provided the opportunity to opt into these opportunities when they are available. These initiatives are telephone based only and are subject to different roster arrangements to **eheadspace**.

5. POSITION CONTEXT

eheadspace combines online and telephone support to young people and their families and translates mental health professional services into a telephone and online environment.

The Senior Clinician will be adept in working as part of a multi-disciplinary team and an experienced professional with advanced skills in the assessment and treatment of mental health and other related issues for young people. The position requires approved qualifications in one of the following disciplines: Social Work, Occupational Therapy, Mental Health Nursing or Clinical or Counselling Psychology. The incumbent will adopt a team-focussed approach, demonstrating an ability to engage, liaise and negotiate with a broad range of professionals in the care and advocacy of young people. The Senior Clinician reports to the Clinical Coordinator and provides clinical leadership and operational guidance within the service to support the Coordinator group. Additionally, the incumbent will assist the Clinical Coordinator in planning shift activities and managing complex clients. The Senior Clinician will be responsible for the provision of clinical supervision to allocated HS3 and HS4 clinicians.

6. KEY RESPONSIBILITIES/OUTCOMES

- Provide clinical services to young people and their families, especially those of a complex and high risk nature that require a high level of clinical skill.
- Formulate treatment plans for complex clients and, in consultation with the Clinical Coordinator, follow-up on high risk presentations or safety concerns of such clients
- Provide clinical support and formal consultations to clinicians as required.
- Be responsible for leading clinical decision making in accordance with the **eheadspace** Clinical and escalation procedures.
- Provide individual clinical supervision to **eheadspace** clinicians (HS3 & HS4) and advise the Clinical Coordinator regarding the performance and professional development needs of staff as appropriate.
- Support the development, maintenance and evaluation of a professional and flexible clinical service model that incorporates evidenced based treatments and best practice standards.
- Attend and actively participate in clinical review and team meetings.
- Identify clinical themes and identify gaps in resources for young people and their families and assist in addressing these.
- The Senior Clinician may be requested to extend their shift to ensure coverage in extenuating situations.
- Provide input into the development and implementation of clinical policies and procedures for **eheadspace** services.

- Support the development and delivery of communication, orientation and training programs including the development and implementation of **eheadspace** staff training resources
- Assist in the induction and orientation of new clinicians.
- Other duties as directed by the **eheadspace** Clinical Coordinator and/or **eheadspace** Management.

7. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

7.1 Essential

- Approved tertiary qualification in an allied health discipline, including social work, psychology (clinical, counselling, and 4+2 or 5+1 pathway), mental health nursing, and occupational therapy.
- Eligibility for membership of an appropriate professional body. Social workers are required to be eligible for full membership with AASW. Psychologists, mental health nurses, and occupational therapists are required to have full registration with AHPRA.
- Advanced level of clinical skills utilising best-practice models within (youth) mental health.
- Demonstrated experience in providing clinical supervision to clinicians or students.
- A proven track record in providing support and consultation to clinical staff.
- Experience in contributing to the ongoing development and delivery of a high quality clinical service.
- A broad understanding of the mental health service system in Australia, including the range of professionals that work within, or come into contact with, the mental health sector.
- Highly developed communication skills, both verbal and written, with an ability to interact with a diverse range of people, for example, young people, health professionals, service providers.
- Ability to work in a highly productive environment with time pressures whilst managing multiple tasks
- Ability to work autonomously, collaboratively, and with a team focus

7.2 Desirable

- Experience with online service provision.
- Specific knowledge of relevant evidenced based interventions relating to youth mental health.

8. POLICIES AND WORKPLACE PRACTICES

All **headspace** employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognisant with and uphold the objectives and philosophy of **headspace**
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times