1. **HEADSPACE PURPOSE**

To build the resilience of young people and the future potential of Australia by delivering effective youth mental health services in partnership with young people, their families and their local communities.

2. **HEADSPACE VALUES**

It is a requirement of all headspace positions that work will be undertaken in line with the headspace values as follows:

- Innovative – We have the courage to explore new ideas and take new approaches
- Collaborative – We bring the right people together to get the best result
- Inclusive – We respect and value diversity and believe everyone counts
- Achieve – We are responsive to community needs and deliver on expectations
- Passionate – We are dedicated to making a difference in the lives of young people and their families

3. **POSITION SUMMARY**

The Digital Work and Study Service provides vocational support to young people integrated with clinical care. The service will work directly with young people leveraging technologies that include web chat, web conferencing, phone, email and live video support. Young people will be referred to this service by eheadspace clinicians, headspace Centres and external community organisations.

The Digital Work and Study (DWS) Clinical Advisor is an integral member of the services leadership team, providing clinical expertise and leadership to the operations and strategic development of the DWS Service. In addition, the DWS Clinical Advisor will provide direct clinical
support to those young people who access the Digital Work and Study Service and do not have existing clinical support.

Furthermore, the position will work closely with the Digital Work and Study specialists to ensure a model of integrated clinical care for the young person and will support the team by providing consultation, debrief, psychoeducation and training and development in managing and working with young people with complex needs and mental health difficulties. The DWS Clinical Advisor will also advise DWS specialists regarding care collaboration with external services and identification and referral practice of young people presenting with risk.

Undertaking a clinical advisory role, the incumbent will, in collaboration with the Clinical Practice Division, provide guidance and oversight for the clinical governance and risk of the DWS program including leading the development and implementation of clinical guidelines and appropriate management and escalation of risk. This position will have additional responsibilities to promote the vocational program internally with eheadspace clinicians, contribute to the review and development of the Digital Work and Study program and to more broadly support the partnership between the program and eheadspace.

4. POSITION CONTEXT

The role requires a health professional with qualifications and experience in assessment and treatment of mental health and other related issues for young people, in one of the following areas: Social Work, Occupational Therapy, Mental Health Nursing or Clinical or Counselling Psychology.

The incumbent will be a motivated mental health professional, possessing considerable knowledge in youth mental health and will facilitate evidence-based and integrated health care, with the goal of improving outcomes for young people and their families.

As a member of the Digital Work and Study team, this position will report to the Manager of Vocational Programs and will receive clinical support and guidance from an eheadspace Senior Clinician within the eheadspace Division.

5. KEY RESPONSIBILITIES/OUTCOMES

- Provide clinical content, input and review to the ongoing planning, development and implementation of the Digital Work and Study program within headspace to ensure the service is evidence-based and clinically sound.
- Undertake clinical advisory for the DWS team including consultation, debrief, psychoeducation, training and development in managing and working with young people with complex needs and mental health difficulties.
- Appropriate management and escalation of clinical risk for the DWS service.
- In consultation with the Clinical Practice Division, provide clinical guidance and oversight of governance processes for the DWS service including the development and implementation of clinical guidelines.
- Undertake online screening and assessments with young people and their families.
- Apply evidence-based treatments and best practice standards online and via telephone as required.
- Deliver psychological interventions for DWS Clients as defined by the eheadspace clinical model.
- Formulate treatment plans for complex clients and provide referral to and liaise with face to face services.
- Support young people to attend face-to-face services.
- Attend clinical reviews.
- Maintain appropriate clinical records and data requirements.
- Actively promote the Digital Work and Study program with eheadspace and model and demonstrate constructive working relationships and information exchange across the organisation.
- Other duties consistent with position as directed by the Manager of Vocational Programs
6. **SELECTION CRITERIA**

The following criteria must be met for consideration as a successful applicant:

### 6.1 Essential

- Approved tertiary qualification in an allied health discipline, including social work, psychology (clinical, counselling, and 4+2 pathway and 5+1 pathway), mental health nursing, and occupational therapy
- Eligibility for membership of an appropriate professional body. Social workers are required to be eligible for full membership with AASW. Psychologists, mental health nurses, and occupational therapists are required to have full registration with AHPRA
- Demonstrated knowledge and clinical skills in the provision of mental health care, including completion of mental health assessments, crisis intervention, psychoeducation and short term treatment, to young people
- Significant demonstrated experience in providing clinical guidance and advisory for an integrated mental health service for young people
- Significant knowledge in the common mental health issues faced by young people, indicated treatments for high prevalence disorders and the literature underpinning such approaches
- Highly developed and demonstrable interpersonal and communication skills (written and verbal) as well as demonstrated abilities in problem solving and negotiation
- Self-motivated and with the ability to operate autonomously when required
- Demonstrated knowledge and understanding of relevant legislation, policies and strategic directions of mental health services and literature on early intervention models for young people experiencing (or at risk of) a serious mental illness
- An ability to demonstrate commitment to the development of integrated clinical research and evaluation
- Willingness and/or demonstrated to commit to ongoing professional development;
- Computer literacy particularly in the effective use of Microsoft office and related programs

### 6.2 Desirable

- Experience with online service provision
- Experience working with employment service providers

7. **POLICIES AND WORKPLACE PRACTICES**

**headspace** employees are responsible for and are to commit to:

- Consistent, respectful behaviour towards the organisation, colleagues and premises
- Acknowledging and abiding by the **headspace** values, policies and procedures
- Encouragement of oneself and colleagues to comply with **headspace** OH&S policies and procedures
- Be respectful of the objectives and philosophy of the organisation
- To act in a safe and responsible manner at all times