

Position Description

Be You Consultant (Education)

Location:	VIC, NSW, QLD, WA, SA, ACT, TAS, NT
Department:	headspace in Schools
Salary range:	HS5
Employment Type:	Full Time - Maximum Term
Approved By:	Julia Smith _____
Date Approved:	September 2017 _____
Agreed By:	_____
Date Agreed:	_____

1. HEADSPACE VISION

All young Australians are supported to be mentally healthy and engaged in their communities.

2. HEADSPACE MISSION

headspace collaborates to design and deliver innovative ways of working with young people to strengthen their mental health and wellbeing.

3. HEADSPACE VALUES

At headspace, we are inspired by and believe in the power of youth. We work together to deliver authentic, progressive and inclusive services to build a brighter future with young people. We know where we're going, we're guided by our values, and we're committed to getting there together. Our people play an important part in shaping our culture and therefore, all headspace employees are expected to undertake their work in accordance with the headspace values as follows:

- **Inclusion** - We have a welcoming, safe and inclusive work environment - we believe that there is strength in difference
- **Collaboration** - We share information and work collaboratively, internally and externally, to deliver great outcomes with young people
- **Agility** - We are agile and innovative in our approach, so that we continue to meet the changing needs of young people
- **Excellence** - We have dedicated people who are empowered to deliver on our promises so that we can provide professional, high quality services



4. HEADSPACE VISION FOR RECONCILIATION

The headspace vision for reconciliation is an equitable Australia where the 60,000 year old cultures and continuing connection to Country of Aboriginal and Torres Strait Islander peoples are respected and celebrated. This future Australia is united by the understanding of our shared past, upholds the rights of Aboriginal and Torres Strait Islander peoples, and embraces self-determination and diversity. The headspace Reconciliation Action Plan formalises our commitment to reconciliation and to strengthening the social and emotional wellbeing of Aboriginal and Torres Strait Islander young people and communities.

5. POSITION SUMMARY

The Be You Consultant (Education) will work under the direction of the State/Territory Manager to support schools through the implementation of the Be You Initiative at the State/Territory level. **headspace**, as the implementation partner, will work with Beyond Blue to deliver an interactive framework of evidenced-based information, professional advice and support to primary and secondary schools. The Be You Initiative through continuous professional development of educators will promote optimal social and emotional health and wellness in schools. Drawing from the experience of **headspace** School Support Service, the Be You Initiative provides postvention support to schools following a suicide or attempted suicide, as well supporting the school community in implementing preventative strategies.

The incumbent will support school communities to promote mental health promotion, prevention and early intervention with the goal of improving outcomes for young people and their families. Adopting an approach tailored to the needs of the school, the Be You Consultant (Education) will demonstrate the Be You Initiative to prospective and participating schools to assist them to implement tailored processes and develop their staff through ongoing professional development. The role will be the key point of contact for all schools in their assigned territory and will build and maintain strong relationships for the purpose of supporting the school. A further focus of the role, in conjunction with the Be You Consultant (Clinical), is to contribute to the establishment and successful delivery of timely and evidence based postvention support to school communities to assist them to plan, respond and recover.

6. POSITION CONTEXT

Reporting to the State/Territory Manager, the Be You Consultant (Education) will be a qualified professional with experience in influencing change and working in collaborative partnerships with school leadership teams and/or education authorities. The incumbent will possess an understanding of youth mental health issues including suicide postvention, suicide and trauma. The position calls for a motivated individual who can engage, liaise and negotiate with a broad range of stakeholders and organisations.

Working in a multidisciplinary team, the position also calls for skills that will enable the successful delivery of education and training packages relevant to the field of youth mental health and suicide. There will be intra and interstate overnight travel required for this role.



7. KEY RESPONSIBILITIES/OUTCOMES

The Be You Consultant (Education) is responsible for the delivery of the Be You Initiative provided to Australian primary and secondary schools within their area, under the direction of the State/Territory Manager. This will include, but is not limited to, the following:

- Promoting the mental health promotion, prevention and early intervention elements of the Be You Initiative with prospective and participating schools through a relationship-based approach.
- Maintaining an ongoing relationship with participating schools so that services know who to speak to when they have a question or a challenge.
- Demonstrating the integrated framework to prospective and participating schools to assist them in implementing the components relevant for their individual circumstances, leading to the ongoing professional development of school staff.
- Maintaining relationships with prospective and participating schools through regular communication; primarily online and by phone.
- Updating schools on new resources and materials available in the integrated program, and providing those resources directly to schools as required.
- Working with Early Childhood Australia Consultants of the early learning services component of Be You as appropriate to support early learning environments, schools and children in their transition from early learning into school.
- Undertaking strategic analysis of their assigned territory to identify prospective schools and other related challenges.
- Maintaining strategic relationships with relevant organisations within their assigned territory for the purpose of supporting their prospective and participating schools.
- Identifying advantages and comparisons of the integrated program to other products/services.
- Ensure effective use of time through proper planning and implementation processes.
- Supplying management with oral and written reports on school's needs, problems, interests, competitive activities and potential for new resources/materials to be built into the integrated framework.
- Keeping informed of updates to the framework, promotional activity of the integrated program, competitive activities and changes impacting on school environments.
- Participating in conferences and similar events related to the integrated program.
- Other duties consistent with the position where required and/or requested by the State/Territory Schools Manager.

8. SELECTION CRITERIA

The following criteria must be met for consideration for this position:

8.1 Essential

- A tertiary qualification in education (including qualification in adult education), public health promotion, community development and/or mental health, or equivalent combination of relevant training and experience.
- Experience in influencing change and working in collaborative partnerships with school leadership teams and/or education authorities.
- An understanding of youth mental health issues including suicide prevention, suicide, and the impact of trauma on school communities.



- Exceptional interpersonal skills with the ability to work and interact with a broad range of people, including school principals and leaders, teachers, health professionals, academic researchers, service providers, etc.
- Highly developed communication skills, both verbal and written, with experience writing for, and presenting to, diverse audiences.
- Experience in stakeholder management specifically with schools and clinical service providers.
- Strong organisational, computer and project management skills.
- Ability to work in a highly productive environment with time pressures while managing multiple tasks.
- A current driver's licence (automatic) and use of a fully maintained motor vehicle with comprehensive insurance.
- Able and willing to travel with overnight stays as required.

8.2 Desirable

- Service experience across health and education.
- Experience in program development and/or training and delivery in secondary school settings

9. POLICIES AND WORKPLACE PRACTICES

All **headspace** employees are required to acquaint themselves with the organisation's policies and procedures and to abide by them at all times.

It is expected that at all times, employees will:

- be respectful towards the organisation, colleagues, clients and the general public
- be cognisant with and uphold the objectives and philosophy of **headspace**
- act collaboratively with all colleagues
- act in a safe and responsible manner at all times

Application Process

To apply for the role of Consultant – Be You (Education), please submit your resume and a cover letter addressing the following three (3) Key Selection Questions.

Please limit your response to these questions to no more than 300 words per question.

Key Selection Questions:

1. What is your understanding of how mental health impacts young people and their learning, relating this to your experience?
2. Describe your experience and/or understanding of a whole school approach to mental health in schools, spanning mental health promotion, prevention, early intervention and postvention.
3. What are some of key considerations in engaging schools in a mental health program, such as Be You? Drawing on your experience and/or observation, describe some of the challenges and opportunities you might face.

