Mental Health – Art Works!

This is the 16th annual Mental Health Art Exhibition held to celebrate Mental Health Month on the Central Coast. In this multi-award winning exhibition, hosted by the Central Coast Mental Health Service, artworks are created by someone with lived experience of mental illness, their family, carers & friends. Artists of all ages are invited to exhibit works in a diverse range of mediums including painting, sculpture, drawing, ceramics and photography.

**Opening Event:**  
Friday 2 October

**Exhibition Dates:**  
2 October to 11 October 2015

**Hours:**  
10.00am to 4.30pm daily

**Venue:**  
The Community Gallery, Gosford Regional Gallery  
36 Webb St, East Gosford, 2250

**Enquiries:**  
Jenice Alliston 4320 2941

Gosford Regional Gallery is proudly owned and operated by Gosford City Council.  
Printed by Gosford City Council 49 Mann St Gosford, NSW 2250, August 2015.  
Image: Wisdom of Ageing Award Winner: “Gift No. 1” by Brenda Wortley