

Discover your inner magic!



13th February
Welcome feast to explore your magic

6th March
Casting a spell on your internal and external bullies

20th February
Managing anxiety by facing your Boggart

13th March
How to communicate with other muggles

27th February
Depression and tackling your Dementor

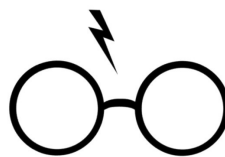
27th March
End of term feast planning for graduation

Can't attend every session? No problem, just J.K Roll on down!

Slyther-in to our free group for young people aged 12-17 aimed at building coping skills, healthy self-esteem, confidence and resilience.

There will be snacks, games, video clips and activities!

Not familiar with the theme? No problem.



Commencing
February 13th
for 6 weeks

Wednesdays 4pm- 5:30pm at
headspace Osborne Park

Please call (08) 92089555 or
email

info@headspaceospk.com.au
to book your place or
for more information

