



## YACHT – Youth Advisory Crew headspace Townsville

Are you aged between 15 and 25 and live in Townsville or surrounds? Do you have something to say about health, mental health, and drug and alcohol issues?

### YACHT is headspace Townsville's Youth Reference Group.

headspace Townsville is providing young people with the opportunity to be heard and be active around youth mental health, and alcohol and other drug issues. There are a number of roles you can play in a YACHT, including:

- Leading a project in our local area
- Website consultation and development
- Research and evaluation of headspace Townsville services
- Consultation around resource development such as, factsheets, brochures, radio ads etc.
- Media spokesperson
- Meeting new people

By getting involved you will:

- Have the opportunity to have your say and direct youth mental health services in Townsville
- Develop new skills
- Meet and work with other young people who are passionate about youth mental health
- Make a difference to youth mental health in Australia

headspace Townsville will provide some training to support you to participate in the above groups or activities. The supportive staff at headspace Townsville values the contributions YACHT bring to the service.

### How do I get involved?

Complete the application form:

email - [youthheadspace@naphl.com.au](mailto:youthheadspace@naphl.com.au)

post - PO Box 4661 Kirwan QLD 4817

hand in – Riverway, Pioneer Park, Village Boulevard, Thuringowa Central

ABN 26 137 533 843

headspace National Youth Mental Health Foundation Ltd is funded by the Australian Government Department of Health and Ageing under the Youth Mental Health Initiative Program.

### Who can apply?

We are looking for anyone aged between 15 and 25 who is involved with headspace Townsville.

We want you to apply if:

- You have had your own experiences of feeling depressed, anxious or another mental health issue.
- You have a friend or family member who has/or had a mental illness or drug addiction.
- You feel passionate about and are interested in mental health issues.

The group is keen to hear the voices of Indigenous young people, young people from different cultural backgrounds, young people from rural and remote areas, gay, lesbian, bisexual and transgender young people and young people who have been homeless.

# YACHT Application Form



## Personal Details

Name	
Preferred name	
Phone	
Address	
Date of birth	
Email	

What language do you speak at home	
Where were you born	
Cultural Identity	
Are you Aboriginal and/or Torres Strait Islander	
Are you from rural or remote	
Do you have a family member with a mental illness	
Do you identify as having/had a mental illness	
Is this something you would be happy and feel comfortable talking about	

Privacy Consent: By submitting this form, you are consenting to headspace collecting some of your private information. headspace will use this information to process your YACHT Crew application, and find out the best ways for you to be involved. While you don't have to share anything you don't want to, if you don't provide enough information we might not be able to contact you, or place you into for a group or activity that is a good fit for you. We will always keep your information secure and confidential, but if you want any more information on how we manage your private information, how to correct about any details we hold, or on how to complain about a privacy issue, please check our privacy policy at [www.naphl.com.au](http://www.naphl.com.au).

Please tick if you agree with the above statement

## About You

### Please tell us a bit about yourself?

*(For example: I am 15 years old, and attend alternative education centre 3 days a week, I like skateboarding etc.)*

### Why do you want to be involved in headspace?

### Please describe your areas of interest?

### Are you involved in any other organisations? If yes, which ones and what is your involvement?

Is there anything else you would like to tell us?

A large empty rectangular box intended for providing additional information or feedback.