

A 'how to refer' guide for general practitioners

Making a referral to an Allied Health Clinician at headspace Sunshine:

You must include a covering written referral letter addressed to 'Dear headspace Clinician', and the young person must have a GP Mental Health Treatment Plan in place (Medicare item 2715, 2717, 2700, or 2701)

Please ensure following information is provided on the referral letter:

- GP name, provider number and practice details
- Date and GP signature
- The number of session you are referring for (maximum of 6 per referral)
- Reason for referral and a diagnosis
- A statement to advise that a mental health treatment plan has been prepared (if the GP and young person consent, please include a copy of the plan)
- Young person's address, DOB, and phone number
- Contact for carer or parent if appropriate

PLEASE NOTE: If you'd like this young person to have psychological sessions, you must use the CAREinMIND referral form and fax the referral direct to Melbourne Primary Care Network on 03 9348 0750. Please call 03 9347 1188 or email mpcn@mpcn.org.au for more information

Other important information:

- GP's are encouraged to continue to be involved in supporting the young person whilst they are engaged with headspace.
- Allied Health Clinicians offer their services at no or very little cost.
- Allied health Clinicians will provide regular updates as required and in accordance with MBS requirements for care provided under MHTP.
- We endeavour to allocate to an Allied Health Clinician as soon as possible. In times of high demand there may be a wait period for allocation. headspace will make contact with the young person on receipt of referral. headspace Sunshine is NOT a crisis service
- If a young person requires assertive follow up or CRISIS support please refer to the following link to identify CRISIS Mental Health Services - <http://www.health.vic.gov.au/mentalhealth/services/>

To discuss a potential referral please contact us on 03 8311 9420 to speak with an Access Team Clinician between hours 9am - 5pm Monday to Friday.