

headspace Shepparton Collage Club Access Key:

The centre/building accessibility:

headspace Shepparton is located at 129 High Street, Shepparton. The front of the building is made up of large, semi-frosted glass windows and a double glass door, with green headspace branding. Entry is through the front door, which opens into the reception. The building is step-free and is wheelchair accessible. There is overhead lighting and natural lighting in the reception, as well as a low level background music playing. There are two large couches for people to sit on, as well as individual seats. There are activities available to use while you are in reception (cards, coloring, Lego, newspapers to read, etc.) There is street parking available on surrounding streets, which is free after 5:30pm. Please note that there is a loading zone immediately out the front of headspace Shepparton, where parking is not permitted.

The bathroom is all gender and accessible.

Collage Club will be held in the group space within headspace Shepparton. This is located in the back of the centre - see map attached. There is minimal natural lighting in this space, and general overhead lighting will be on. There will be no flashing lights. There may be low level background music playing, if the group wishes on the day.

What will happen:

Enter headspace Shepparton through the front door on High Street. This will enter into the reception. Let our friendly receptionist know that you are here for Collage Club. If you arrive before 5:30pm, you will be asked to take a seat on the couches and wait in the reception for the group to begin.

At 5:30pm, Brittany or Tones will bring everyone from the reception into the group space at the back of the headspace centre. The group space is made up of an area with two large couches, and an area with tables and chairs.

If you arrive after 5:30pm, our receptionist will let Brittany or Tones know, and they will take you to the group space from reception.

What to expect in the group:

The purpose of Collage Club is to be a safe, peer led oasis for young creatives and creative curious peeps. That is, Collage Club is a place for young people to get together and collage! The group will meet in the couch area for snacks, an ice breaker activity, and to discuss the activity for the day. You are welcome to participate in the planned collage activity for the day, or you can work on your own project. Fidget toys and items will be available for use. You may work at the table and chairs, on the couches, or on the floor. You may wish to listen to music from your own device using headphones, or to bring noise cancelling headphones / earplugs.

Collage Club will run for 1.5hrs. Folks can stay for the whole time or you may leave earlier, if you wish. We encourage Collage Clubbers to arrive at 5:30pm

What to bring:

You are not required to bring anything (except for good intentions and your fine self!) but you may wish to bring any of the following

- Your personal project or collage materials
- A water bottle or snack
- Noise cancelling headphones

What is provided:

headspace Shepparton will provide all crafting and collage materials, snacks, and water. There is also a food shelf available for young people to take food home if they wish.