

## Youth Advisory Committee (YAC) Code of Conduct

Being a **headspace** YAC member is a great opportunity to promote the positive image of young people and mental health, including early intervention and help seeking. Your behavior as a member of the YAC should enhance the reputation of **headspace**, and what it stands for as well as being considerate of other members' needs.

### Participation

**headspace** recognises that individuals have different commitments outside of the YAC leading to different individual time and availability, as long as this is discussed with the Community Awareness Officer, arrangements can be made to take time out from activities.

If a YAC member does not participate in meetings, email and other events, a review of that person's commitment may take place if no apologies have been made.

If a YAC member wishes to opt out or resign or take a break from the group; notification in writing (either email or hard copy) to the Community Awareness Officer is required.

### Problem Solving & Dispute Resolution

Any complaint, unresolved problem or serious dispute that involves YAC members is to be brought to the Community Awareness Officer in writing and in person, for resolution. If appropriate, and with the agreement of all parties, the matter may involve a mediation process. A range of mediation options will be made available.

**headspace** Shepparton reserves the right to exclude any young person if **headspace** believes the young person has acted inappropriately. If such steps are taken, the member's participation with **headspace** will be reassessed and may mean a predetermined timeframe of exclusion from the group or immediate expulsion.

### Care and Support for YAC Members

**headspace** promotes early intervention and help-seeking for mental health and drug and alcohol issues. It is therefore expected, that as a representative of **headspace**, you acknowledge this and you yourself seek appropriate supports when required. Therefore, if at any time you feel you need to take a break, seek help or support then **headspace** will respect this.

I have read the information contained in this document and agree to abide by the YAC Code of Conduct.

Print name: \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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