

headspace

# **Referral Form**

## To be completed by <u>services</u> wishing to refer a young person to headspace Queanbeyan

#### **Referral Criteria and Guidance**

**headspace** Queanbeyan is a free, youth-friendly and confidential service available to young people aged 12-25 years, in the Queanbeyan and surrounding area. The services available at **headspace** Queanbeyan include:

• Youth Friendly GPs

Counselling

Alcohol & Drug Support

- Vocational support
- Psychologist services (under a GP Mental Health Treatment Plan)

**headspace** Queanbeyan work with young people experiencing mild to moderate mental health issues such as stress, anxiety, depression or grief.

**headspace** Queanbeyan is not an acute mental health / crisis service. If you have any immediate concerns regarding the safety of a young person, please call:

٠	NSW Mental Health Line	1800 011 511
•	ACT Crisis Assessment & Treatment Team (CATT)	1800 629 354
•	Kids Helpline	1800 551 800
•	Emergency services	000

Please return the completed referral form to:

headspace Queanbeyan	Phone: 02 6298 0300		
98 Monaro Street (Corner Crawford Street)	Fax: 02 6298 0399		
Queanbeyan NSW 2620			

#### Self-Referral

Young people can refer themselves to **headspace** Queanbeyan. Young people are encouraged to contact **headspace** Queanbeyan directly by either phoning, emailing or walk-in to the centre.

#### Family and Friend Referral

Family, carers and friends can refer a young person to **headspace** Queanbeyan. Please contact **headspace** Queanbeyan directly by either phoning, emailing or walk-in to the centre.

Young Persons Details						
Has the young person co	nsented to this referral? Yes No					
Name						
Address						
Date of Birth						
Phone Number						
Gender	Female Male Other:					
Cultural Identity	Aboriginal or Torres Strait Islander					

Referring Service Details				
Date of Referral				
Name				
Address				
Organisation				
Position in Organisation				
Phone Number				
Email				

#### **Reason for Referral:**

### (Attach further pages if required)

Please include **any information which may be useful to assist** with the referral (e.g. mental health, drug and alcohol, vocational / educational or physical health including past / current risk assessments).

Does the young person have an existing GP? If yes, please detail:	Yes	🗌 No	Unsure
Does the young person have an existing Mental Health Treatment Plan?	Yes	🗌 No	Unsure
Does the young person require an interpreter?	Yes	🗌 No	Unsure