<u>Uniting</u>



Service provider referral form

Referral to headspace services (please select one and forward to nearest centre):

Mount Druitt Parramatta 55 North Parade, Mount Druitt, 2770 2 Wentworth St, Parramatta, NSW, 2150 Phone: 1300 737 616 Phone: 1800 683 784 Fax: (02) 4720 8899 Fax: (02) 9094 2243 Email: headspacemtdruitt@uniting.org Email: matt@uniting.org For headspace Primary Care, Parramatta, Hawkesbury please click here. 120 Francis St, Richmond, 2753 Phone: 1800 517 171 Penrith Fax: (02) 4504 8887 Email: headspacehawkesbury@uniting.org 606 High St, Penrith, NSW, 2750 Phone: 1800 477 626 🗌 Katoomba Fax: (02) 4720 8844 Email: headspacepenrith@uniting.org

37 Waratah St, Katoomba, NSW, 2780 Phone: 1800 478 626 Fax: (02) 4720 8881 Email: <u>headspacekatoomba@uniting.org</u>

Important information regarding your referral, please read:

- **headspace** is a service for young people between the ages of 12 to 25. We can only engage with young people who have provided consent to the referral.
- If the young person is at high or acute risk of suicide, please contact emergency services on 000.
- Please note that receipt of the referral form does not indicate acceptance to the **headspace** services. Suitability of the referral will be determined following assessment with the young person. Please contact the relevant **headspace** site to confirm receipt and discuss the outcome of your referral.
- To assist with the referral, please attach any relevant assessment notes, discharge summaries and/or additional information. We will endeavour to respond to referrals within 24 48 hours business hours. If you have any queries pertaining to your referral, please call the relevant site using the contact details above.

Consent for referral: If the young person is unable to provide informed consent due to mental state (e.g.psychosis), please contact us.

Has the young person consented to and provided permission to exchange information in relation to this referral?





Primary reason(s) for referral: This section must be completed. Please contact us for queries regarding services available.

| If you wish to refer to the headspace Primary Care team Parramatta, please use the referral form found <u>here</u> . | | | | | |
|--|----------|--------------------|-----|----|--|
| Short-term Mental Health Intervention with headspace Primary Care Team | | | | | |
| Does the YP have a Mental Health Ca | re Plan? | | Yes | No | |
| Assessment with headspace Early Psychosis Program | | | | | |
| Drug and alcohol support | | Vocational support | | | |
| Physical health support | | | | | |

Referrer details: We will be corresponding with you using the below details. Please ensure that all details listed below are current.

| Name of referrer: | | | | |
|---|------|--|--|--|
| Organisation: | | | | |
| Relationship to young person: | | | | |
| Designation: | | | | |
| Contact number: | Fax: | | | |
| Service address: | | | | |
| Email: | | | | |
| | | | | |
| Parent/guardian details: * please note that if the Young person is aged 15 and under, we will require a parent or guardian to be documented on this form. | | | | |
| Name: | | | | |
| Relationship to young person: | | | | |
| Contact number: | | | | |
| | | | | |

Do we have permission to speak with the young person identified?

Young Person's details:

| Name: | | | |
|----------------------------------|---------------|-----------|--------------|
| Date of birth: | Age: | | Gender: |
| Address: | | | |
| Suburb: | | Postcode: | |
| Contact number 1: | Contact numbe | | r 2: |
| Medicare card details: | | | Expiry date: |
| Interpreter required? | | | Yes No |
| If yes, which language: | | | |
| Assistance with reading/writing? | | | Yes No |

Presenting Issues:

Current presenting issues (please include duration, age of onset, and any relevant pre existing diagnoses):

Impact of problem on functioning: (e.g. relationships/school/home/work)

Please indicate if there is any known family history of mental health conditions:

Previous/current engagement with headspace or other services:

What would the young person like to achieve by coming to headspace? What are the young persons goals? (health/school/work/relationships etc)

| Risk Factors: | |
|------------------|----------------------------|
| Suicide | Non-accidental self-injury |
| Anxiolytics | Extreme social withdrawal |
| Homelessness | Substance use |
| Accidental Death | Non-compliance |
| Details: | |

By signing this document, the referrer agrees that the above information is accurate and current to their knowledge

| Referrer's signature: | Date: |
|-----------------------|-------|
| | |

| Office Use Only Plan (to be reviewed at intake meeting): When booking appointment, please request that the young person attends 15 minutes prior to their appointment time | | | | |
|---|--|------------|--|--|
| Book with YAT Clinician | | Date/time: | | |
| Clinician: | | | | |
| Joint YAT/MATT Consultation | | Date/time: | | |
| Clinician: | | | | |
| MATT Assessment | | | | |
| Referral to Co-located Team | | Date/time: | | |
| Clinician(s): | | | | |
| Declined/referred elsewhere | | | | |
| Recommendations Made: | | | | |
| | | | | |

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

If you need to speak to someone urgently, please call Lifeline on 13 11 14, Kids helpline 1800 55 1800 or the NSW Mental Health Line 1800 011 511. If you need immediate support, call 000.

You can also get help in person at a headspace centre located near you or via our online support service at eheadspace. **Visit:** <u>headspace.org.au/headspace-centres/</u>or <u>headspace.org.au/eheadspace/</u>



