

## boundaries that build: healthy relationships

Unleash your inner superhero as we embark on a thrilling adventure of selfdiscovery and genuine connections.

Join our crew of young explorers as we navigate the fascinating realm of healthy relationships, armed with the superpower of setting boundaries.

> **Sign-up here!** https://bit.ly/3qOGz3q



## Who

12 – 25 years **When** Thursday 7th September 2023 4.30 – 6pm

## Where

headspace Osborne Park 290 Scarborough Beach Road, Osborne Park **Contact us** 

Call (08) 9208 9555 or

E-mail info@headspaceospk.com.au



headspace Osborne Park is on Whadjuk Noongar land. We acknowledge the Traditional Owners of this Country, and we pay our respects to their Elders past, present and emerging.

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health