

Applications are now open for the:

# headspace Osborne Park Youth Reference Group



145 Main Street, Osborne Park WA 6017  
Tel 08 9208 9555 Fax 08 9208 9599  
[headspace.org.au](http://headspace.org.au)

**Are you aged between 16 and 25?**

**Do you have something to say about health, mental health, drug and alcohol issues and/or the needs of young people?**

## What is the Youth Reference Group?

At **headspace** Osborne Park we believe that youth participation is fundamental to the delivery of quality services for young people. To make sure we are providing the right kind of supports for local young people, our Youth Reference Group (YRG) provide valued input in the daily running of our service and community engagement initiatives, in order to maintain the centre's youth focus.

Our YRG meets once a month to discuss all that happens at **headspace** Osborne Park and to look at how we can work together to improve the health of young people in our community.

There are a number of roles you can play as a member of our YRG, including:

- Promoting **headspace** in your local area;
- Having input to the website and Facebook page;
- Representing **headspace** Osborne Park at local events;
- Designing new resources for young people and their families; and
- Providing feedback about how we can improve the support we offer to young people and their families.

By getting involved you will:

- Have the opportunity to have your say and direct youth mental health services in Australia;
- Work with other young people who are passionate about improving the lives of young people;
- Have the opportunity to attend conferences and training to support your role as a YRG member;
- Have the opportunity to choose your level of involvement (e.g. attend monthly meetings, interact over Facebook and/or attend events);
- Develop new skills; and
- Make a difference to youth mental health, locally and across.

## How do I get involved?

Fill in the expression of interest form and click the submit button on page 3.

Post to 2/145 Main Street Osborne Park WA 6017, or drop it in to our reception Monday-Friday 9am-5pm. For more info, please email [info@headspaceospk.com.au](mailto:info@headspaceospk.com.au) or phone 9208 9555.

## Who can apply?

We would encourage you to apply if

- you are aged between 16 and 25;
- you work, live, study or spend time in the City of Stirling, Wanneroo, or surrounds; and
- you have a passion for youth mental health and the needs of young people in your community.

To ensure that we hear the voices of young people from a variety of backgrounds, our YRG is also keen to receive expressions of interest from Aboriginal young people, and those from different cultural backgrounds or rural and remote areas, young people who identify as gay, lesbian, bisexual and transgender and young people who have been homeless.

# Youth Reference Group

## Expression of Interest

At **headspace** Osborne Park we are keen to get an idea of what interested you to become a member of our YRG, how we can support you as a member, and how the group will benefit from having you on board. We understand that your information is personal and we are committed to maintaining the confidentiality of this information. **headspace** Osborne Park complies with state and federal laws regulating confidentiality, as well as professional ethical codes.

### Personal Details

Given name: \_\_\_\_\_ Surname: \_\_\_\_\_ Name I like to be known as: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_  
Suburb: \_\_\_\_\_ Post code: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

### Please tell us a bit about yourself:

(For example: I am 19 years old and attend alternative education 3 days a week. I like skateboarding and hanging out with my friends)

### Please tell us what interested you to apply to become a member of headspace Osborne Park YRG?

Below is a list of areas headspace Osborne Park provides information and support for through its services. Please tick any areas that interest you.

- General health
- Mental health
- Alcohol and other drugs
- Sexual health and relationships
- Homelessness
- Education & training
- Family and friends/carers

Are you involved with any other organisations? If yes, which ones and what is your involvement?

**At headspace Osborne Park we are keen to hear the voices of young people from diverse backgrounds and would like it if you could please answer the following.**

(This information is only for our records and will not affect your application)

Please enter your gender identity:

Please enter your cultural identity:

Where were your parents born?

What language do you speak at home?

Do you have or have you had a mental illness?      Yes                  No

Do you have a family member with a mental illness?      Yes                  No

Do you have or have you had a disability, either physical or intellectual?      Yes                  No

Do you have a family member with a disability, either physical or intellectual?      Yes                  No

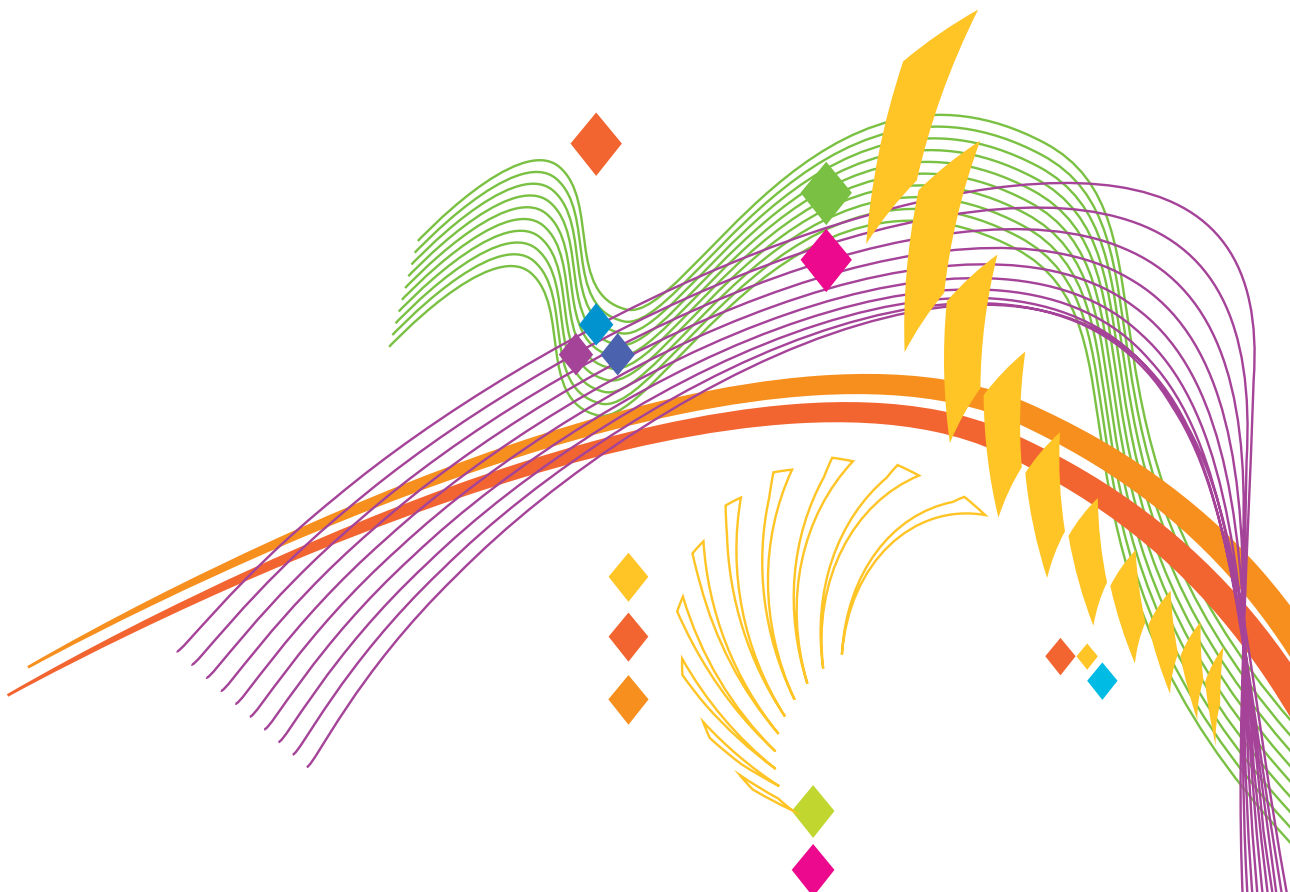
**Submitting your Expression of Interest**

To complete your Expression of Interest, please click the 'Submit form to headspace Osborne Park' button.

You can also print your EOI and post it to **headspace Osborne Park** - Suite 2, 145 Main Street, Osborne Park 6017 WA, or drop it in to our reception Monday-Friday 9am-5pm.

Once we receive your EOI we will arrange a time to talk to you more about your interest and what the YRG is all about.

We look forward to speaking with you soon.



145 Main Street Osborne Park WA 6018 t 08 9208 9555 f 08 9208 9599