



# Parent Information Evening

## Topic: Building Resilient Teens

**Presented by: Carla Crossman - Psychologist, headspace Osborne Park**

Parents and carers are invited to attend this **free** information evening to learn more about:

- Teenage development
- Youth mental health
- What 'resilience' is all about
- Fostering resilience in your young person; and
- Useful links for info and support

Got a question for the presenter but don't feel comfortable asking in a group? Email it to [info@headspaceospk.com.au](mailto:info@headspaceospk.com.au) to be read on the night

### When

Wednesday 25 May 2016  
6:30pm - 8.30pm

### Where

Perth Modern School  
90 Roberts Road  
Subiaco, WA 6008

### Registration

Please register by COB Friday 20 May  
[Click here](#) to register your attendance  
or visit [www.subiaco.wa.gov.au/events](http://www.subiaco.wa.gov.au/events)  
Places are limited

