

# MISSION AUSTRALIA

## are you aged 12-25 and wanting help with alcohol or drug use?

**Mission Australia provides a Youth Drug and Alcohol service at headspace Onkaparinga**

### services include:

- Support for young people who want to make changes to their alcohol or drug use
- Appointments either at headspace or a suitable outreach location for the young person
- Support for families and carers
- Counselling, mental health support and advocacy
- Re-engagement with school or referrals to alternative education and training

### who can access the program?

Young people aged 12-25 and family or carers wanting information and support.

### making an appointment is easy

Call (08) 8186 8600 or email [info@headspaceonkaparinga.org.au](mailto:info@headspaceonkaparinga.org.au) or come in and see us

**ask your headspace worker for a referral today**