# **Access Key**

#### How to navigate Narre Warren headspace

Address: 66 Victor Crescent, Narre Warren, Vic, 3805

Located in B1 Casey Business Park

Phone: 1800 367 968 - Press 2 for Narre Warren

Fax: (03) 8789 7902

Email: <u>headspaceDNWenquiries@each.com.au</u>

Website: headspace.org.au/headspace-centres/narre-warren





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# **Access Key Information**

#### What is an Access Key?

- An Access Key is a document that describes a physical space and how to access it. They are used to describe the features of a venue and the surroundings. An Access Key is designed to be suitable for all people, regardless of ability.
- Not all locations and venues are easy to access or can be daunting to navigate at first. We hope our Access Key will give young people more agency and control over how they participate.
- If you have any questions, concerns, or feedback, please get in touch. You can call us on 1800 367 968 – Press 2 for Narre Warren or email

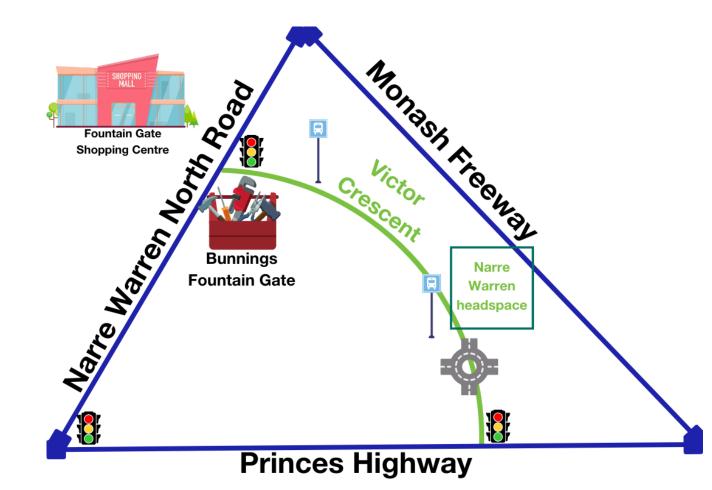
headspaceDNWenquiries@each.com.au

#### How to use this Access Key:

- You may read this document in its entirety or skip to the slides you want more information about.
- This Access Key will have photos along with descriptions to assist you in visualising and understanding the space.
- We have also made an Easy Read version for you. An Easy Read Access Key uses plain language, shorter sentences and no colours. There are still images there for you. This can be found on our website.

# How to locate Narre Warren headspace:

- Narre Warren headspace is at 66 Victor Crescent, Narre Warren, 3805.
- It is in B1 Casey Business Park.
- Our Centre is located on the ground level.
- We are 650m away from Bunnings Fountain Gate and 750m from Fountain Gate Shopping Centre.
- Victor Crescent can be accessed via either Narre Warren North Road or the Princes Highway. It cannot be seen at either of these access points.
- See an animated map to the right to help visualise the area.



**Image description:** A graphic aerial map on how to locate our Narre Warren site. This is not to scale.

## Getting to the entrance:

#### Main entrance on Victor Crescent.

There are 6 stairs to climb to reach the automatic glass sliding doors. The entrance to our centre is the first door on the left. The door is 85.5cm wide. This front area is a smoke free zone.



Left Image: Side view of the building we are located in. You can see the address slightly obscured by the tree.



Right Image: Front view of the main entrance to the building. Featuring the automatic doors and stair entrance

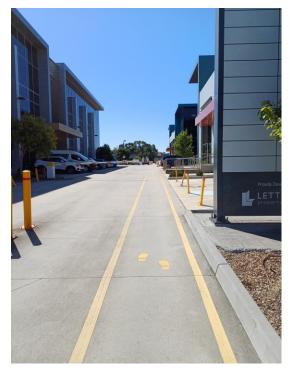
## Getting to the entrance:

#### Back of the Building Entrance

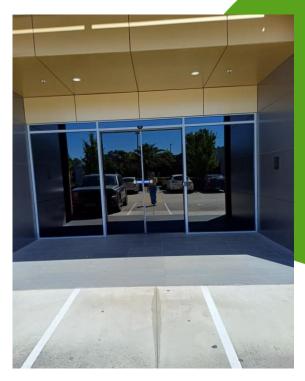
There is another option at the back on the building. There are no stairs to this entrance. If your back is facing the main entrance, go to the left side of the building until you find the provided footpath, it is yellow and has footprints for you to follow. You cannot access this via car. Keep following the path to the very back of the building where there is another set of automatic doors. Once inside, our centre is the last door on the right. This route will add an extra 3-5 minutes to your trip.



Left Image: When you turn left to go to the accessible entrance this is the view. Where there is a break between the two buildings is where you turn left.



Middle Image: The yellow footpath and footprints to follow to the accessible entrance.



Right Image: The accessible entrance at the back of the building. This entrance has no stairs.  $$_{\rm 6}$ 

# Driving to Narre Warren headspace

#### **Via Princes Highway**

- If you take the freeway, you can take the Princes Highway exit Exit 23.
- If you turn right or left onto Victor Crescent from the Highway, we are on the opposite side of the road.
- We are just past the roundabout intersection of Verdun Road.
- After this roundabout, we are visible.
- This side of the street is all day parking. We have no onsite carpark access.
- You may use the driveways to be picked up/dropped off but cannot stay in these.

#### Via Narre Warren North Road

- If you take the freeway, you can take the Narre Warren North Road exit Exit 22.
- Whether you turn right or left onto Victor Crescent from Narre Warren North Road, you will be driving on the side our centre is on.
- This side of the street is all 2 Hour parking. We have no onsite carpark access.
- You may use the driveways to be picked up/dropped off but cannot stay in these.
- Our site will be visible after the first bend of this route.

### Getting to Narre Warren headspace via Public Transport

895 to Fountain Gate SC

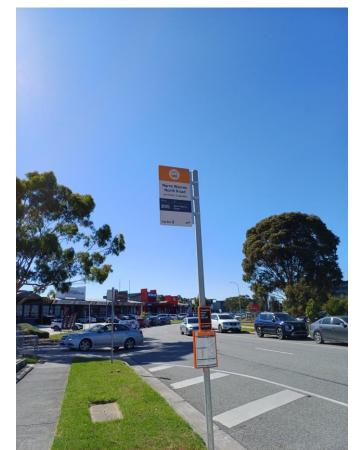
#### **By Bus**

- The closest bus route to our Centre is the 895.
- If you are on the 895 heading to Fountain Gate Shopping Centre, you will need to get off at the Verdun Drive on Victor Crescent stop. This is roughly 2 minutes away from the centre depending on pace and traffic to cross the road.
- If you are on the 895 heading towards Narre Warren South, you will need to get off at the Narre Warren North Road on Victor Crescent stop. This is roughly 4-9 minutes away from the centre depending on pace.



Left Image: The 895 Verdun drive stop. The building we are in is obscured by the trees but slightly visible.

895 to Narre Warren South



Right Image: The 895 Narre Warren North Road stop. Our centre is not visible from this point yet.

## Getting to Narre Warren headspace via Public Transport

#### **By Train**

- Narre Warren Station is the closest train station to our Centre.
- You can walk to our Centre from here, it is 1.4km away, and will take around 20 minutes.
- You will have to cross busy roads and intersections this way.



Left Image: This is the view of the building coming from the Princes Highway side of Victor Crescent.

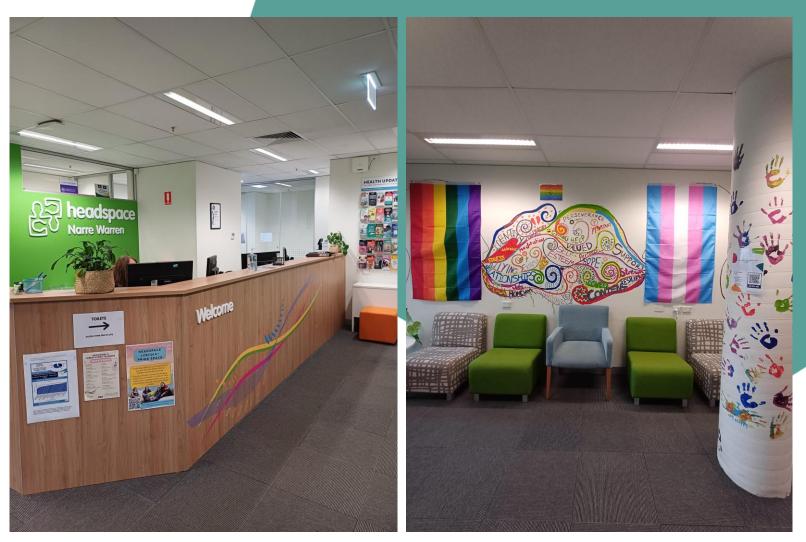
This is what you will see coming from each direction



Right Image: This is the view of the building coming from Narre Warren North Road. You can see our branding from this side.

## **Reception Area**

- There is always at least one (1) staff member at reception in Narre Warren, often there are two (2).
- There is one desk at reception, it is 120.5cm tall.
- There are twenty (20) seats in the waiting room. There is one (1) T.V. on the opposite wall to the where the flags are (right image). You can sit away from the T.V. if you do not want to watch it. The volume is not too loud.
- There is a water fountain with cups at reception for you to use. This is to the right side of the pole in the waiting room (right image).



Left Image: This is the side view of reception from the waiting room. The door to the centre is directly in front of the 'welcome' sign on the desk.

Right Image: This is one of the walls in the larger portion of the waiting room. The reception desk is to the right of this image.

- Inside our Centre there is one (1) unisex accessible toilet.
- It is behind the entrance to reception; you will need to ask a staff member to let you through
- The bathroom is equipped with sanitary hygiene options.
- There are additional rolls of toilet paper under the sink for easy access and Glen 20.
- There is a rail on the left side of the toilet on the wall, the toilet paper sits on top of this.
- There is a mirror and sink, with liquid soap and paper towels.
- There is both a sanitary bin and regular bin.
- The lights in this room work on a sensor and will turn on when you go inside.

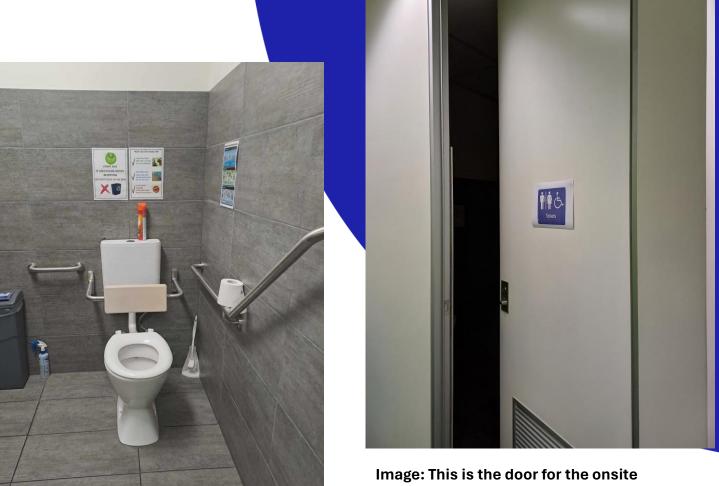


Image: This shows the toilet with the sanitary bin on the left and rain supports on the right

Image: This is the door for the onsite bathroom. This is visible as soon as you enter our hallways after reception.

- There are more bathrooms located in the general building outside of our headspace Centre.
- When you exit our reception and turn left, you will approach the Male bathrooms first. See photo on the right of what the door looks like. There is a break in the wall, a slight divider and then the entrance. If you have reached the elevator, you have gone too far.
- There are four (4) stalls, four (4) urinals and four (4) sinks.
- At the very end of the bathroom is one (1) accessible stall.



Image: The door to the male bathrooms. It is on the 12 same side as our headspace centre.

- There is a Gender-Neutral Accessible Bathroom in the hallway between the Male and Female bathrooms.
- It is located just after the elevators before you reach the Female bathrooms.
- There is one (1) toilet, one (1) sink, and one (1) shower. The shower has a separate door to enter through inside the bathroom.
- If you have reached the female bathrooms, you have gone too far.



Image: The door to the gender-neutral accessible bathroom. It is on the same side as our headspace centre.

- Up the other end of the hallway from our centre are the Female bathrooms.
- There is a break in the wall that leads to these bathrooms.
- There are five (5) stalls in here with four (4) sinks.
- There is an additional accessible friendly stall at the end.
- These are the furthest bathrooms from reception. If you have reached Zeemo you have gone too far.



Image: The door to the female bathrooms. It is on the same side as our headspace centre.

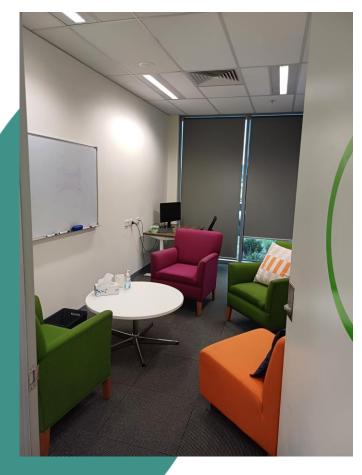
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# **Counselling Rooms**

- To reach the Counselling Rooms through reception, you proceed down a hallway that is 147.5cm wide except for a couple of points that are 110cm wide.
- There are 11 Counselling Rooms. Their names are their numbers.
- Each room has at least three (3) chairs in them, some have armrests, and some don't. Each of the chairs is movable if more space is needed.
- Each room has a desk with a computer or a laptop. Each room is equipped with sensory toys for you to use during your sessions. Not every Counselling Room has windows. The windows are tinted, and they also have blinds.
- There is one (1) Group Room. This is used for group programs such as Pride Groups and Art Therapy. It is slightly larger than the counselling rooms. Two walls are only windows, and they are tinted. There is a kitchenette in this room. There are art supplies, sensory toys and often bean bags in this room to use during programs.

# **IMAGES OF ROOMS**

Below image: This is Room 1. This is one of the slightly larger counselling rooms. It has four chairs and a table. A computer on a desk can be seen in the back corner





Middle image: This is Room 3. This is one of the standard sized counselling rooms, most rooms look like this. Two chairs can be seen with a coffee sized table. There is a window with blinds drawn halfway.



Above image: This is the Group Room. This is the room used for art therapy, pride group and other group programs. Three long tables can be seen pushed together with three seats around it. You can see a cupboard with spare chairs and tables in the background. The two walls shows are made up of windows.

## **Treatment Rooms**

- There are two (2) Treatment Rooms at Narre Warren.
- One is assigned for our GP's; the other is assigned for our nurses.
- Appointments are generally 30 minutes as a minimum.
- Our Youth Health Clinic can assist with most concerns.
- If you need something that is not readily available, for example, some vaccines, these can be ordered in for you.
- You can book these appointments through reception or online through the hotdoc platform.



Image: This is one of our treatment rooms. It has a desk on one side of the room, a sink area on the other and a bed set up with a pull around curtain.