

# headspace Referral Form

Referral Date:

Entered By:

Please note: **headspace** is a service for young people between the ages of 12 to 25. We are a voluntary service who engage with young people and their families.

**headspace** is not a crisis/ acute mental health service. If the young person is at high or acute risk of suicide or harm to self or others, please contact their GP, emergency services on 000 or Rural & Remote Emergency Mental Health Service (24hrs) on 13 14 65.

## Young Person's Details

Full Name: \_\_\_\_\_ Previous client? yes  no  unk

Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_ Gender: Male  Female  Non-Binary  Transgender

Client Address: \_\_\_\_\_

Contact Number(s): \_\_\_\_\_ Email: \_\_\_\_\_

Aboriginal or Torres Strait Islander? Yes  No  Country of Birth \_\_\_\_\_

## Client's Key Contact Person (in case of emergency)

Name: \_\_\_\_\_ Relationship to young person: \_\_\_\_\_

Contact Number(s): \_\_\_\_\_

Address: \_\_\_\_\_

## Referrer's Details *Please tick if self-referring:*

Referrer Full Name: \_\_\_\_\_

Contact Number: \_\_\_\_\_ Email Address: \_\_\_\_\_

Workplace: \_\_\_\_\_

Job Title: \_\_\_\_\_

If adding more documentation to this referral, please tick this box

## Reason for Referral (What is the main reason the young person is seeking help?)

\_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_

headspace GP appointment only  (please tick) Medicare No: \_\_\_\_\_ Ref: \_\_\_\_\_ Expiry: \_\_\_\_\_

## GP Information

Does the young person have an existing GP? Yes  No  (If yes, please fill in the details below)

Doctor's Name: \_\_\_\_\_

Practice Name: \_\_\_\_\_ Phone: \_\_\_\_\_

## Consent Client is aware of referral and has given consent: Yes No

\*\*\*PRIVACY\*\*\*

If the young person does not want their parents or carers to know about them accessing our services, please let us know and we will note this on their file. (Young people aged **under 16** years need to have a responsible adult to provide consent)

Doesn't Mind  Keep Private