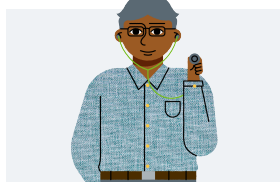


# Youth Health Clinic (YHC)

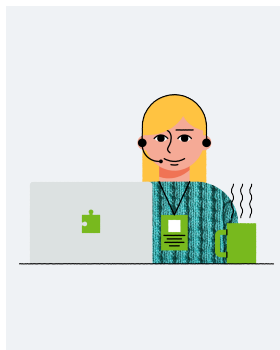


Our physical health services offer a broad range of support, provided by experienced local practitioners.



## Our team

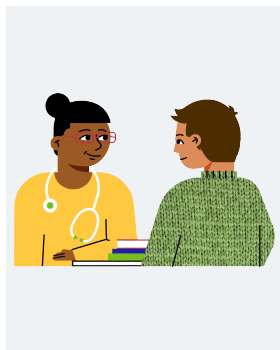
Our Physical Health team is made up of  
Dr Mary Ellaway - GP  
Carolyn Collins - Community Nurse (RN)



## Appointments

The Youth Health Clinic is available every Thursday.  
Appointments available in-person, online or via phone. Book an appointment by calling us on 8725 0443.  
This is a free, bulk-billed service - all you need is a medicare card.  
If you don't have a medicare card, call us to discuss options.

Don't live in Mount Gambier? Appointments are available for all young people across the Limestone Coast - call us to discuss having an online or phone appointment.



## GP Services

You can meet with Mary for:

- vaccinations
- general health checks
- chronic condition management
- mental health care plans
- coughs/colds/illness
- advice & referrals
- other general medical care

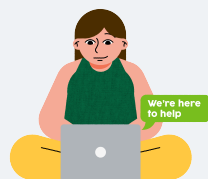
longer appointments are available for initial consult



## Community Nurse services

Meet with the youth friendly Community Nurse for:

- Sexual health screening checks
- Simple health checks
- Contraception information
- Menstrual issues
- Pregnancy and post-baby support
- Education for all health matters



## Privacy and Confidentiality

The headspace Mount Gambier Youth Health Clinic is committed to protecting your privacy and confidentiality. For more information on how we protect your information, refer to the 'Privacy and Confidentiality' under the 'documents and information' section of our website.