

young parents group

**First Wednesday
of the month**

1pm – 2pm

**headspace Mount Gambier
171 Commercial St East**

**Looking for a non-judgemental group
of parents your age?**

**We welcome you to drop in to our
young parents group. Bring your baby,
enjoy a hot drink, snack, and meet
other young parents.**

**Join the Facebook group, search for
'Headspace Mount Gambier – Young
Parents Group' or call 8724 0443 for
more info.**