

Volunteer Position Description

General details		
Title:	headspace Mount Gambier Youth Ambassador	Classification:
Reports to:	headspace Centre Manager	Industrial:
Program / Unit :	headspace Mount Gambier	Location: Mount Gambier
Role purpose		
<p>To provide peer to peer education on mental health in Mount Gambier area to;</p> <ul style="list-style-type: none"> - Improve mental health literacy of young people. - Promote early recognition of symptoms and early help seeking in young people. - Reduce stigma associated with mental health. - Improve awareness of services available to young people as well as how to access them. - To strengthen headspace brand within local community. 		
Essential duties and responsibilities		
Function	Key Responsibilities	Key Performance Indicators
Peer to peer education	<ul style="list-style-type: none"> ▪ Work in pair to deliver preorganised interactive headspace presentations to groups of 30 – 50 young people in local area. 	<ul style="list-style-type: none"> ▪ Delivery of 1 presentation a fortnight (flexible depending on demand)
Leadership	<ul style="list-style-type: none"> ▪ Engage with young people in local area. ▪ Act as role model and advocate within local community. 	<ul style="list-style-type: none"> ▪ Participation in headspace promotional events.
Development/ Training	<ul style="list-style-type: none"> ▪ Commitment to ongoing training. 	<ul style="list-style-type: none"> ▪ Participation in training process provided by headspace at commencement of role. ▪ Participation in ongoing training opportunities provided by headspace to maintain and build skills.
Team Work	<ul style="list-style-type: none"> ▪ Work cooperatively with local Youth Reference Group ▪ Establish productive, co-operative working relationships with peers and other Uniting Communities' staff/volunteers. ▪ Participate proactively as a member of the headspace Mount Gambier team. ▪ Work in a collegiate relationship with relevant community groups and organisations. ▪ Build positive working relationships by involving and engaging with others. ▪ Work positively in a team environment while understanding the context of working within a broader organisation. ▪ Appreciate situations and issues from the perspective of others and adapt accordingly. ▪ Work to create a positive, supportive and respectful environment. 	<ul style="list-style-type: none"> ▪ Contribution to the overall functioning of the headspace Mount Gambier team. ▪ Attendance at headspace Mount Gambier planning days and team building activities where Youth Ambassadors are invited. ▪ Attendance at monthly Youth Ambassador team meetings ▪ Maintain regular communication with Community Liaison Worker
Selection criteria	Essential	Desirable
Training / Qualifications	<ul style="list-style-type: none"> ▪ Willingness to participate in development or training as required by the organisation from time to time, including specific training at commencement of role. ▪ Already have or be willing to undertake; <ul style="list-style-type: none"> ○ Child safe environment training ○ Youth Mental Health First Aid Certificate 	<ul style="list-style-type: none"> ▪ First Aid Certificate.

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Experience / Knowledge	<ul style="list-style-type: none"> ▪ A genuine interest in youth mental health issues. 	<ul style="list-style-type: none"> ▪ Public speaking experience. ▪ Experience working/volunteering with youth. ▪ Specific knowledge/experience around youth mental health.
Skills / Abilities	<ul style="list-style-type: none"> ▪ Excellent oral communication skills. ▪ A commitment to positive and collaborative team work. ▪ Ability to work autonomously and as part of a team. ▪ Ability to work with all people in an inclusive and respectful manner. ▪ Ability to communicate and engage with a wide range of people. ▪ Ability to manage competing priorities and multitask. ▪ Values which align with those of Uniting Communities. 	<ul style="list-style-type: none"> ▪ Ability to set up and working with audio-visual equipment.
Licenses / Certificates	<ul style="list-style-type: none"> ▪ Maintenance of a full, unrestricted South Australian Driver's License. ▪ Already have, or be willing to undertake process to obtain, satisfactory; <ul style="list-style-type: none"> ○ National Police Check ○ DCSI police check to work with vulnerable people 	

Special conditions

Applicants must;

- Be aged between 18 – 25 at the time of application; exemptions may be made for applicants aged 17 if they will turn 18 by the end of the training process
- Have access to own transport
- Have easy and regular access to the internet and phone
- Commit to 1 year of participation in program
- Commit to weekly time commitment of 2 hours (average)
- Have a level of availability during school hours

Supervisor signature

Date

Employee signature

Date

Print name:

Print name:

Copy of My Commitment to Uniting Communities (UC) for all positions at UC attached.