

headspace Music Group



The headspace Music Group is a fun, supportive and engaging environment, connecting participants through collaborative music-making.

Step out of your comfort zone and

- develop your musical identity
- increase confidence in performing
- practice songs
- learn songwriting

Educational sessions lead by musically talented and experienced workers.

Fortnightly Thursdays

3.30PM - 5.30PM

Call headspace for more information



8725 0443

BYO instrument

All abilities welcome

