

Youth Reference Group

YRG is made up of young people, 12-25yrs, passionate about mental health and well-being. the YRG aims to provide you with the opportunity to volunteer and have input into the strategic direction of headspace services.

you could be involved in a number of ways including, media spokesperson, community engagement opportunities, lead local projects, marketing, focus groups, advocacy.. the list goes on!

Chat to Jess on 8398 4262 or jhodgetts@mmgpn.org.au for further info. next meeting is 1st September 2022 at 4pm - free food and drinks!

