Meet the Team





Teresa (she/her) is our **Centre Manager**. She oversees the team at headspace.



Lynne (she/her) is our PTS Worker. She provides short-term therapeutic support for local youth.





Jess (she/her) is our Clinical Lead. She supports young people directly and assists other team members.



Wendy (she/her) is a **Psychologist**. She supports young people experiencing various mental health difficulties.



Maddy (she/her) and Abbey (she/her) are our Engagement and Assessment Clinicians. They will listen to young people's needs and help them find the rights supports.





Jemma (she/her) is our HYDDI Clinician. She supports young people through some of life's challenges.



Jo (she/her) is our Receptionist. She may be the first person you meet or speak to when you make contact with our centre.



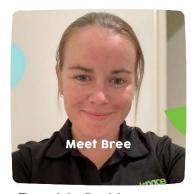
Sandy (she/her) is our Groups and Activities Coordinator. She supports the Youth Ambassadors, organizes activities and represents headspace in the community.



Renae (she/her) is our **ECC Clinician**. She provides support to young people and their families.



Fin (they/them) is our LBGTQIA+ Project Officer. They run Alphabet soup a fortnightly social and support group for LBGTQIA+ young people and allies and they also offer peer mentoring sessions.



Bree (she/her) is our
Community Awareness
and Health Promotion
Officer. She represents
headspace at local events
and shares health and
wellbeing resources with
the community.





Wade (he/him) is a Provisional Psychologist. He supports young people experiencing various mental health difficulties.



Mel (she/her) is our **Sexual Health Nurse**. She can support you with any sexual health concerns.



Dr Lucy (she/her) is our **GP**. She can help you with any physical, sexual, or mental health concerns.