

Terms and Conditions: headspace Competition Entry

1. Eligibility

- Open to residents of Australia aged 12 to 25 years only.
- Employees of headspace, affiliates, and immediate family members are not eligible.

2. Entry Requirements

- Participants must follow @headspacelakehaven, @headspacegosford or @headspacewyong.
- Additional entry requirements will be advertised on the competition post.
- Entries must be submitted before the advertised closing date.

3. Winner Selection & Announcement

- Winner(s) will be chosen at random [or based on a panel's decision if judged] or .
- Winner(s) will be notified in writing via Instagram DMs and Instagram username tagged on the winning announcement post and/or story within 14 days of the draw.
- If a prize remains unclaimed 14 days after the date of the winner(s) announcement, the winner(s) will forfeit all rights to the prize. In this event, a second prize draw will take place, and the new winner(s) will be informed by Instagram DM within 14 days of the redraw.

4. Prize Details

- The prize will be described on the competition announcement Instagram post.
- No cash alternative or substitutions allowed.

5. Publicity & Usage Rights

- By entering, participants grant headspace Gosford, Lake Haven and Wyong permission to share their entry content on Instagram and other marketing channels.
- Winner(s) may be required to provide a photo with the prize for promotional use.

6. Disqualification & Fraud Prevention

- Entries that violate Instagram's community guidelines will be disqualified.
- Automated, spam, or fraudulent entries will be removed.
- Multiple entries beyond the allowed limit will result in disqualification.

7. Liability & Instagram Disclaimer

- This contest is not sponsored, endorsed, or administered by Instagram.
- Headspace Gosford, Lake Haven and Wyong is not responsible for any lost, delayed, or corrupted entries.
- By entering, participants agree to release Instagram from any liability.

8. Changes & Cancellation

- headspace Gosford, Lake Haven or Wyong reserves the right to modify, suspend, or cancel the competition if unforeseen circumstances arise.

