

the month that

august edition 2026

WAS

key dates

Centrelink Onsite

- headspace Gosford | 3 August
- headspace Lake Haven | 12 August

quick stats

This month we:

- Assisted 7 YP into study
- Engaged with 91 local employers

was spotlight

What is Vocational Peer Support?

Vocational Peer Support is provided by someone with lived experience of mental health challenges who has navigated their own journey through work or study. By sharing their experiences, offering encouragement, and walking alongside young people, Vocational Peer Workers help build confidence, hope, and practical strategies to support individual employment and education goals. Their support is grounded in understanding, mutual respect, and the belief that recovery and meaningful participation in work or study are possible.

good news stories

A young person working towards a career in the disability support sector has made fantastic progress with the support of their **Vocational Specialist**. Together, they identified key qualifications to strengthen their employment prospects, including completing a free First Aid and CPR course. Inspired to build on this success, the young person also enrolled in part-time AUSLAN studies to enhance their communication skills and expand future career opportunities. Their growing confidence, motivation, and commitment have been inspiring to see as they continue taking meaningful steps towards a rewarding career.

opportunities and job board

Apprenticeship, Traineeship and Jobs Expo—Mingara Recreation Club, Tumby Umbi

Tuesday 11th August, 3-7pm

A one stop shop for anyone wanting to begin or grow their career! *Free public admission.*

[Click here!](#)



Skilled Care—Aged Care Support Worker Trainees

Embark on a rewarding journey with Skilled Care as an Aged Care Support Trainee! Earn and learn simultaneously while making a positive impact on the lives of the elderly. As a leading company in the industry, Skilled Care offers a unique opportunity to obtain a *Certificate III in Individual Support* at no cost to you!

[Click here!](#)



Disclaimer: All job vacancies included in this newsletter were current at the time of distribution. Availability may change without notice. We encourage you to check with the employer for the latest vacancy status.

community connections and collaboration

Our **Work and Study** team recently completed *ANZ MoneyMinded Coach training*, strengthening our ability to support young people with practical financial skills alongside *IPS benefits counselling*. Through this collaboration, staff can now provide tailored guidance on budgeting, managing money, and understanding the financial impacts of work and study, while continuing to connect participants with specialist financial counselling services when needed. This partnership enhances our person-centred approach and helps reduce financial barriers to employment and education.



coming soon!

Christmas casual recruitment is just around the corner, with many retailers beginning to advertise positions as early as August and September. If you're looking for work over the holiday period, now is the perfect time to start applying. Keep an eye on job sites like **SEEK** and **Indeed**, as well as the careers pages of your favourite retailers. Don't underestimate the value of introducing yourself in person and dropping off a resume—making a positive first impression can help you stand out from the crowd.

shout outs corner

A big shout-out to **Thread Together**, an organisation that provides new clothing to people experiencing financial hardship. We've had excellent feedback from young people who have accessed this service to find appropriate clothing for job interviews. Looking and feeling confident can make a real difference, and **Thread Together** helps remove one more barrier to employment.



acknowledgment of country

headspace Work and Study proudly supporting young people of the Central Coast on Darkinjung land.



YOUTH IMPACT COUNTER 2026

YTD: YP Supported = 69 | Employment Outcomes = 18 | Study Placements = 21