

Volunteer With Us

Applications are now open for the **headspace Knox & Lilydale Youth Action Force (YAF)**

Do you live, work, study, or play, in the **Knox, Maroondah, Yarra Ranges and surrounding areas?**

Are you a young person **aged 16 - 25** who is passionate about youth mental health and is eager to get involved in your local community?



What Do We Do?

- organise & attend community events
- design and run YAF-led programs & events
- provide feedback on headspace services & resources
- break down mental health stigma
- **and much more!**



Got Questions?

contact

jasmine.scampton@headspaceknox.com.au

Applications close 31 /01/2026

Apply Here!

