

# multicultural peer support group



Are you a young person aged 18 to 25?



Do you identify as culturally and linguistically diverse?



Have you ever felt stuck or in-between multiple cultures?



Are you looking to connect with others and find your community?

Then come join our free multicultural peer support group!

A culturally responsive and non-clinical space where you can safely explore your experiences of culture, identity, and belonging alongside those who get it!



**When?**

Thursday's,  
fortnightly  
**5:00pm - 6:30pm**  
Begins 23<sup>rd</sup> July  
2026



**Where?**

**headspace Knox**  
2 Capital City Blvd,  
Wantirna South,  
3152

Questions? email us at  
[community@headspaceknox.com.au](mailto:community@headspaceknox.com.au)



**Interested?**

Register via the QR code or using this link:

<https://forms.gle/Dnehy mAWF8GFmqDLA>

