



REBOUND

EACH Youth and Family team in collaboration with the **Victoria Police** would like to introduce the **Rebound** program.

Rebound aims to intervene early for young people who are experiencing (or re-creating) instability in multiple environments (family, the justice system, education, housing, peers etc).

We utilize Creative, Educational and Wilderness techniques to deliver content which encompasses:

- Positive choice making
- Building respectful and positive relationships
- Identity
- Emotion management
- Peers and family relationships

Day activities may include rock climbing, canoeing, caving, high ropes and obstacle courses, with a possible follow up camp at the completion of the 8 sessions.

each
social and community health

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Who *Family conflict or instability
* Has come in to, or has the potential to come into, contact with the police
* 13-15 years old with a **willingness to change**

Where 46 Warrandyte Rd, Ringwood
EACH - Building A

When

Parent / Carer sessions (not participants)
Thurs 3rd Nov at 7pm

Nov – Dec 2016

Mon 7th 1.30-3.30 Thur 10th 9.30-3.30

Mon 14th 1.30-3.30 Thur 17th 9.30-3.30

Mon 21st 1.30-3.30 Thur 24th 9.30-3.30

Mon 28th 1.30-3.30 Thur 1st Dec 9.30-3.30

Cost Free

More information:

Warren Turner: 9871 1802

Samuel Wrigley: 9800 1499

