



## Service provider referral form

Referral to headspace services (please select one and forward to nearest centre):

### **Mount Druitt**

55 North Parade, Mount Druitt, 2770

**Phone:** 1800 683 784 **Fax:** (02) 4720 8899

Email: headspacemtdruitt@uniting.org.au

### **Penrith**

606 High St, Penrith, NSW, 2750

**Phone:** 1800 477 626 **Fax:** (02) 4720 8844

Email: headspacemtpenrith@uniting.org.au

### Parramatta \*headspace Early Psychosis Only\*

2 Wentworth St, Parramatta, NSW, 2150

**Phone:** 1300 737 616 **Fax:** (02) 8331 6056

Email: hyepp.parramatta@uniting.org

For headspace Primary Care, Parramatta, please click **here**.

### Katoomba

37 Waratah St, Katoomba, NSW, 2780

**Phone:** 1800 478 626 **Fax:** (02) 4720 8881

Email: headspacekatoomba@uniting.org

### Important information regarding your referral, please read:

- **headspace** is a service for young people between the ages of 12 to 25. We can only engage with young people who have provided consent to the referral. N.B. If the young person is unable to provide informed consent due to mental state (e.g. psychosis), please contact us.
- If the young person is at high or acute risk of suicide, please contact emergency services on 000.
- Please note that receipt of the referral form does not indicate acceptance to the
  headspace services. Suitability of the referral will be determined following assessment
  with the young person. Please contact the relevant headspace site to confirm receipt and
  discuss the outcome of your referral.
- To assist with the referral, please attach any relevant assessment notes, discharge summaries and/or additional information. We will endeavour to respond to referrals within 24 – 48 hours business hours. If you have any queries pertaining to your referral, please call the relevant site using the contact details above.

**Consent for referral:** If the young person is unable to provide informed consent due to mental state (e.g.psychosis), please contact us.

Has the young person consented to and provided permission to exchange information in relation to this referral?

Yes No

Primary reason(s) for referral: This section must be completed. Please contact us for queries regarding services available. Short-term Mental Health Intervention with headspace Primary Care Team Does the YP have a Mental Health Care Plan? Yes No Assessment with headspace Early Psychosis Program Drug and alcohol support Vocational support Physical health support Referrer details: We will be corresponding with you using the below details. Please ensure that all details listed below are current. Name of referrer: Organisation: Relationship to young person: Designation: Contact number: Fax: Service address: Email: Parent/guardian details: \* please note that if the Young person is aged 15 and under, we will

require a parent or guardian to be documented on this form.

Name: Relationship to young person: Contact number: Do we have permission to speak with the young person identified? Yes No

## Young Person's details: Name: Date of birth: Age: Gender: Address: Suburb: Postcode: Contact number 1: Contact number 2: Medicare card details: Expiry date: Interpreter required? Yes No

Yes

No

### **Presenting Issues:**

If yes, which language:

Assistance with reading/writing?

**Current presenting issues** (please include duration, age of onset, and any relevant pre existing diagnoses):

**Impact of problem on functioning:** (e.g. relationships/school/home/work)

Please indicate if there is any known family history of mental health conditions:

Previous/current engagement with headspace or other services:

Risk Factors:	
Suicide	Non-accidental self-injury
Anxiolytics	Extreme social withdrawal
Homelessness	Substance use
Accidental Death	Non-compliance
Details:	

By signing this document, the referrer agrees that the above information is accurate and current to their knowledge  $\,$ 

Date:

Referrer's signature:

# Plan (to be reviewed at intake meeting): When booking appointment, please request that the young person attends 15 minutes prior to their appointment time Book with YAT Clinician Clinician: Joint YAT/MATT Consultation Date/time: Clinician: MATT Assessment Referral to Co-located LHD Team Date/time: Clinician(s): Declined/referred elsewhere Recommendations Made:

headspace National Youth Mental Health Foundation is funded by the Australian Government Department of Health

If you need to speak to someone urgently, please call Lifeline on 13 11 14, Kids helpline 1800 55 1800 or the NSW Mental Health Line 1800 011 511. If you need immediate support, call 000.

You can also get help in person at a headspace centre located near you or via our online support service at eheadspace.

**Visit:** <u>headspace.org.au/headspace-centres/</u> or <u>headspace.org.au/eheadspace/</u>



