



# join the headspace Youth Advisory Committee

headspace Katoomba is recruiting for our **Youth Advisory Committee**.

Are you a **young person aged between 16 and 25** with lived experience of mental ill health and keen to support your community, improve services for young people, and make new friends?

**We are looking for people just like you!**

**what our current members have to say...**

"the best part of being a YAC member is being with likeminded people who are passionate about de-stigmatising mental ill-health"



**Want to learn more or keen to apply?**