

rising above

We rise above the challenges of depression as a united force, celebrating every victory and lifting each other higher.

Together, we redefine what it means to thrive and prove that even the darkest storms can't dampen our spirits. Let's soar beyond the shadows and embrace a brighter future, hand in hand.

Who

12 – 25 years

When

Thursday 10th August 2023

4.30 – 6pm

Where

headspace Joondalup
22 Reid Promenade, Joondalup

Contact us

Call (08) 9301 8900 or

E-mail info@headspacejoondalup.com.au

Sign-up here!

<https://bit.ly/361FyXY>



headspace Joondalup is on Whadjuk Noongar land.
We acknowledge the Traditional Owners of this Country,
and we pay our respects to their Elders past, present and emerging.

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