

Navigating Alcohol and drugs

What this workshop will cover

- Learn ways you could make your alcohol and/or other drug use safer
- Learn ways to cut down or stop using alcohol or other drugs
- Explore answers to your questions and to expand your understanding of alcohol and other drugs
- Presented by a youth counsellor from NMCADS Joondalup



Sign up here

<https://bit.ly/361FyXY>

Info

Who for: 14-25 year olds

When: Tuesday 13th August, 4.30
– 6pm

Where: headspace Joondalup 22
Reid Promenade, Joondalup

Contact us: Call (08) 9301 8900
or E-mail

info@headspacejoondalup.com.au

FREE WORKSHOP