



along for the ride

for family and friends

We know how important it is for young people to have support from their family and friends on their mental health journey.

That's why we're now delivering bi-monthly information sessions for family and friends of young people who are new or considering coming to headspace Joondalup or headspace Osborne Park*.

Gain insight into the journey ahead, how we can work together, and learn about support options available to you. We would love you to come 'along for the ride' with us!

*Sessions alternate each month between headspace Joondalup and Osborne Park, and information presented is relevant for both sites.



headspace Joondalup is on Whadjuk Noongar land. We acknowledge the Traditional Owners of this Country, and we pay our respects to their Elders past, present and emerging.

Scan here to open our Group Sign-Up form!





Where

headspace Joondalup
Suite G8, 126 Grand Boulevard, Joondalup
(entrance on Reid Promenade)

For more information

Contact Harrish Nair, Groups Coordinator
Call (08) 9301 8900 or
E-mail: info@headspacejoondalup.com.au

Follow us on social media for updates!

 /headspaceJoondalup
 @headspace_Joondalup