



## headspace Inala Referral Form

headspace Inala is an established mental health service, focused on delivering improvements in the lives of young people aged 12 to 25 years. Our multi-disciplinary team of health professionals provides early-intervention supports to young people in the areas of primary health, mental health, drug and alcohol services, and vocation and education services.

Acceptance of referrals is not guaranteed. All referrals will be triaged by our intake team to assess eligibility and suitability. The outcomes will be provided to referrers via telephone, email or fax.

Referral Details	
Referral date	
Referrer name	
Referrer relationship to young person	
Referrer title and organisation (or n/a)	
Referrer contact number	
Referrer email address	

**Please confirm:**

- The young person has provided consent for this referral.  
 If under 15 years, the parent/carer of the young person has provided consent for this referral.

Young Person's Details			
Full name		Date of birth	
Preferred first name		Gender identity	
Street Address			
Suburb		Postcode	
Contact number			
Email address			
Country of birth		Ethnicity	
Interpreter required?	<input type="checkbox"/> No <input type="checkbox"/> Yes     If yes, language of interpreter:		
Does the young person identify as a member of one of the following groups?	<input type="checkbox"/> Aboriginal <input type="checkbox"/> Torres Strait Islander <input type="checkbox"/> Aboriginal and Torres Strait Islander <input type="checkbox"/> Neither		

### Parent or Carer Details (if applicable)

Full name			
Relationship to young person			
Street Address			
Suburb		Postcode	
Contact number			
Email address			

### Referral Information and Presenting Issues

#### Mental health

- Anxiety
- Depression
- Schizophrenia/Schizoaffective disorder
- Bipolar Affective Disorder
- Personality disorder
- PTSD/trauma history
- Eating problems/disorder
- Autism Spectrum Disorder (including Asperger's)
- ADHD
- Physical disability
- Intellectual disability
- Drug or alcohol use/problem
- Anger management issues
- Grief and loss
- Sexual identity concerns
- Gender identity concerns
- Physical health concerns
- Sexual health concerns

#### Legal issues

- Youth Justice/Probation and Parole client
- Past or present contact with Child Safety
- Pending legal matters

#### Social issues

- Financial difficulties
- Family problems
- Social/peer problems (including bullying)
- School expulsions/suspensions
- Domestic violence
- Sexual abuse
- Physical abuse
- Relationship concerns

#### Behaviours/concerns

- Withdrawn/isolated
- Crying
- Difficulty sleeping/sleeping too much
- Refusing school
- Low self-esteem
- Body image problems
- Not themselves/personality change
- Snappy/irritable/grumpy
- Stressed/worried more than usual
- Lack of motivation/not interested
- School grades/behaviour declining

#### Risk

- Self-harming behaviours
- Thoughts of suicide
- Threats to others (verbal)
- Harm to others (aggressive)
- Recent presentation to hospital
- History of hospitalisation
- History of suicidal behaviour
- Criminal activity/police involvement

#### Other (not listed above):

**Please specify any formal diagnoses:**

## Details and More Information

*Please provide as much information as possible about the young person's presenting issues and current needs, to inform our assessment and care of them.*

### **Emergency and Crisis Support**

If the young person is in distress or at immediate risk of harm (or harming someone else), you must call 000, or present with them to the closest hospital emergency department. headspace Inala is not an emergency or crisis service and does not provide after-hours support.

- Lifeline 13 11 14
- eheadspace 1800 650 890
- Kids Helpline 1800 55 1800
- Suicide Call Back Service 1300 659 890
- Mental Health Access Line 1300 64 22 55

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**Please email this form to headspace Inala at [headspaceinala@accoras.org.au](mailto:headspaceinala@accoras.org.au).**

**We will acknowledge your referral within two working days.**

**For any non-urgent questions, please email us, or call (07) 3727 5000.**