



Referral Guidelines

About headspace Horsham -

headspace Horsham is funded by headspace that national Youth Mental Health Foundation, to provide a quality service system which promotes and facilitates the improvement of young people in the key areas of primary health, mental health and alcohol-related issues, social recovery and vocational services.

headspace Horsham is a free, youth friendly and confidential service available to young people aged 12-25 years.

headspace Horsham is not an acute mental health or crisis service. If you have any immediate concerns regarding the safety or wellbeing of a young person please call –

- In an emergency 000
- Ballarat Health Services 1300 661 323
- Kids helpline 1800 551 800
- LifeLine 131 114

How to refer -

Self-Referral

Young people are encouraged to make contact by themselves, and can call, drop in or download the referral from our website.

Family Referral

Parent, carers or friends can refer a young person. The young person will need to be aware of the referral and willing to meet with a worker.

Service Professionals

GP's, allied health professionals, community based agencies and schools can all refer to headspace using the referral form on our website.

Our referral form can be downloaded from our website

- <https://headspace.org.au/headspace-centres/Horsham>

And submitted via

- Email – info@headspacehorsham.org.au
- Fax – (03) 5382 7254
- In person or post – 77 Hamilton Street, Horsham, VIC, 3400
- Call and complete over the phone on (03) 53811543

Once the referral is received a worker will make contact with the young person or an appropriate family member or carer to arrange a face to face appointment.