



headspace
Horsham

july newsletter

everything happening within our centre
& the community at large for our young people



common myths and facts about mental health difficulties

Myth

Family and friends can't help people with a mental health difficulty.

Fact

Family and friends, as well as the wider school, work and community network, play an important role in supporting young people recovering from mental health difficulties.

Family and friends have an ongoing connection with the young person and can offer understanding and practical support that makes a big difference.

Myth

People don't recover from periods of mental ill-health.

Fact

Most people recover from mental ill-health. In fact, recovery is more likely than not. With the right treatment and support, people commonly return to wellness, as well as learn lifelong skills that help handle life's tough times if they occur in the future.

While some people can experience multiple episodes throughout their life, these learned skills can reduce the duration and severity of these periods, and increase someone's capacity to live the life they want during periods of illness.

Myth

Mental health difficulties are caused by genetics.

Fact

Mental health difficulties and mental ill-health are complex and can occur for different reasons. Things like grief, relationship break-ups, bullying, exams, family conflict – also called environmental factors – are some of the most common contributors to the onset of mental ill-health in young people.

While environmental factors can worsen any genetic vulnerability, they can also help. For example, a strong family support system can go a long way towards preventing onset of mental health difficulties.

meet the Horsham team



Zunaira
youth counsellor



Charlotte
snr mental health clinician



Alisha
community engagement



Anna
case manager



Trina
team leader of centre ops



Cass
community engagement



Ash
youth peer support worker



Kate
centre manager



Rob
mental health counsellor



Louie
trained therapy dog



Hailey
client services



U'Nlta
team leader of clinical services

meet the Horsham team (continued)



Andrea

careers consultant

LGBTQIA+ Dates

We have lots to celebrate this July. Check out what's in store:

July 6: Omnisexual Visibility Day

July 8-14: Non-Binary Awareness Week

July 14: Non-Binary Awareness Day

Let's take a moment to celebrate this awesome month! They're a chance for us to raise awareness, bring people together, and spark real change across the world! 🌈

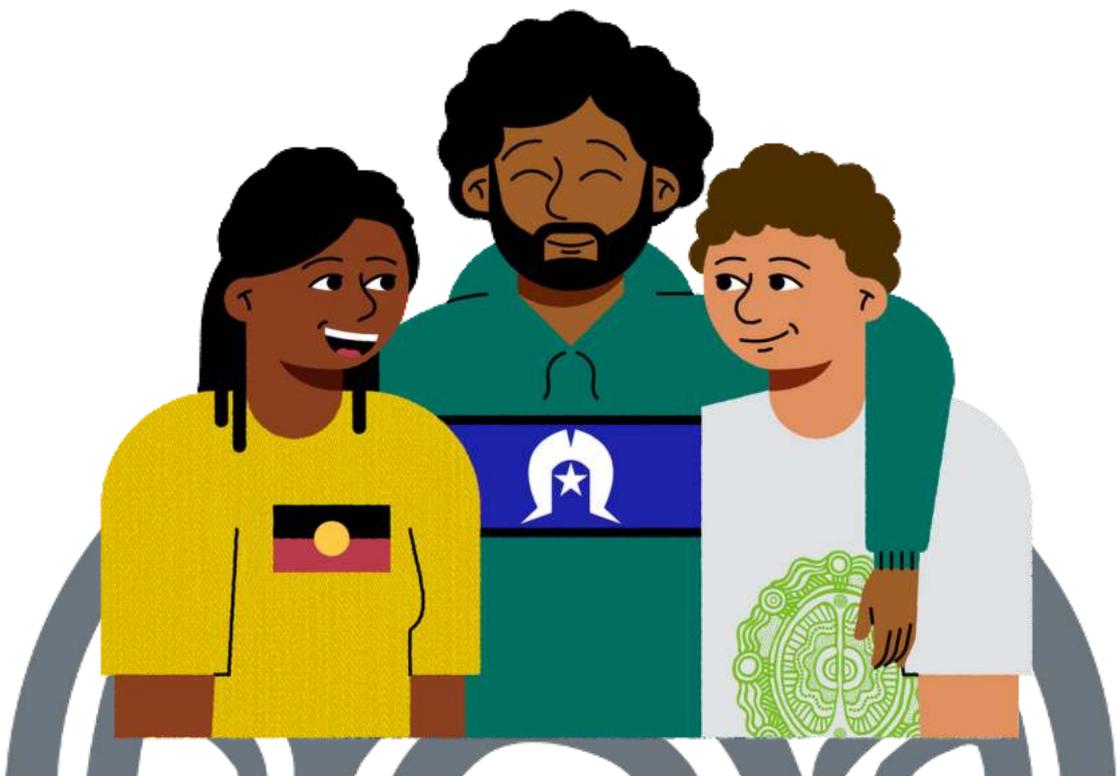


NAIDOC Week

Hey legends! NAIDOC Week 2025 runs from July 6 to 13, celebrating the culture, history, and achievements of Aboriginal and Torres Strait Islander peoples. ❤️

This year also marks half a century of NAIDOC! 🎉 This year's theme is **“The Next Generation: Strength, Vision & Legacy”**, honouring both Elders and young leaders shaping our future. 🙌🌟

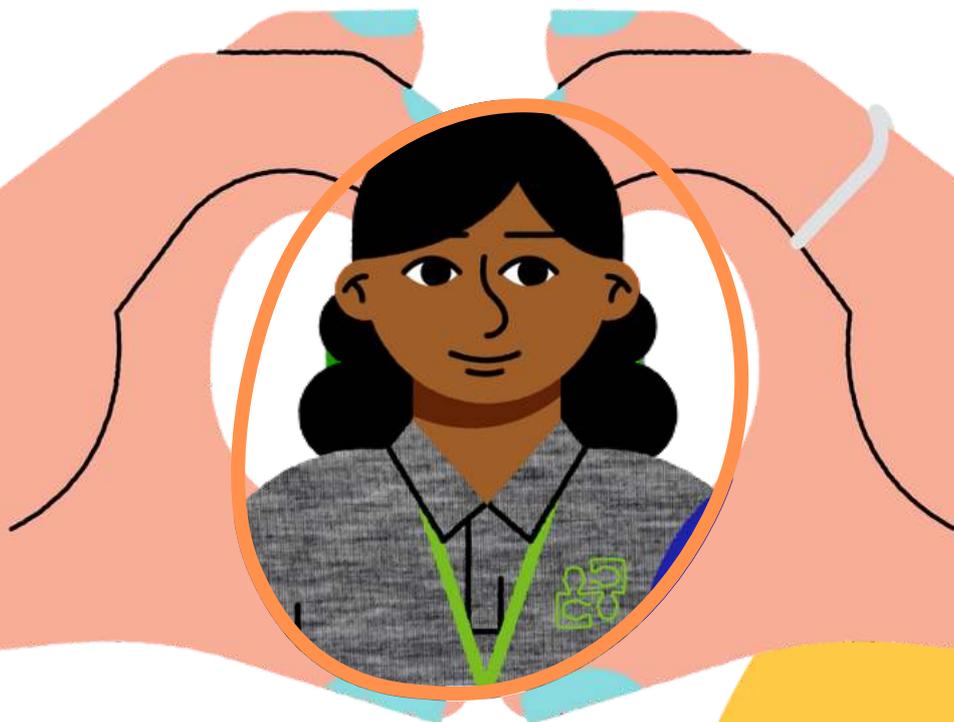
It's a great time to learn, respect, and celebrate stories, art, music, and traditions that make our country unique.



Farewell, Zunaira

July 18 will be Zunaira's last day with us, and we're definitely going to miss her! 😭 She's been with us for the several months, sharing her wealth of experience, quiet strength, and always brightening the room with her cheerful smile. 😊 Plus, who could forget, she always smelled amazing! 🌸🌿

Now, Zunaira is off to start a student placement, an exciting next step to learn even more and grow her skills. 📖💪 We're super proud of her and can't wait to see what's next! Thanks for everything, Zunaira! ✨



Next Gen Legends

This week was all about creativity & connection! 🎨 Our young legends designed epic Among Us characters and custom game controllers! 🎮 ✨.

While creating, they also had real talks about stigma and challenges, honest and supportive vibes all around. 💬❤️ And of course, the day ended with a wild Mario Party showdown! 🌟
Alliances made... and broken. 😂

Can't wait for next week's fun! 🙌🙌



Careers Expo

We had a blast at the Wimmera Southern Mallee LLEN Careers Expo on July 1st! 🎉 Some of our headspace Wimmera Youth (hWY) rocked the stall, sharing all things headspace. ❤️ Stress balls, basketball, freebies, and merch giveaways made it even more fun! 🏀

We also ran a survey on young people's mental health experiences, big thanks to everyone who joined in. 🙏 Huge thanks to WSMLEN for having us and to all the awesome young people who stopped by to say hi! 🙌✨

If you're keen to join hWY and be a part of these awesome events, check out the flyer below!



we are hiring!

are you aged 15-25 and passionate about youth mental health?

do you want to grow your leadership and advocacy skills?

do you want to make a difference for young people in your community?

do you want to be PAID for your expertise?

apply for headspace
Wimmera Youth today!



scan here to apply



YMHFA/TMHFA

Cass, Alisha, and Ash made the trek down to Melbourne to get fully trained as facilitators, Ash for Youth Mental Health First Aid (YMHFA), and Cass & Alisha for Teen Mental Health First Aid (TMHFA)! 🎓

Now they're all set to lead these vital trainings and support folks who want to support young people's mental health!

They loved the change of scenery in Melbourne 🏙️ as well as connecting with other mental health pros! 🤝

Check them out pictured with ALGEE the koala 🐼 the friendly mascot of Mental Health First Aid Australia. Here's to new skills, new adventures, and making a big impact together! 🚀🙌🙌



which service is right for my young person?

We have many resources on our website (headspace.org.au) to help you take care of your young person's health and wellbeing.

If they've been using these resources for some time without improvement it's important to get the support of a professional.

Here's a list of our services to help you work out what might be right for them.



headspace centres

headspace centres provide face-to-face information, support and intervention (where appropriate) to young people aged 12-25 for anything affecting their health and wellbeing.

Support may be offered across any of the headspace four service areas (read about these areas on page 4).

Many headspace services also offer group support/programs in addition to individual support.

To find out about the services that are available or to make an appointment on behalf of your young person you can call, email or drop into your local headspace centre.



headspace

headspace is a national online and phone support service for people aged 12-25, their families and friends. headspace is staffed by experienced and qualified youth mental health professionals.

Web-chat and phone support operates from 9am - 1am (AEST), every day of the year. All they need to do to access headspace is create an account at headspace.org.au (for web-chat or email support) or call 1800 650 890.



work and study

headspace Work and Study is an online and phone support service for people aged 15-25 years who need support with work or study. It is staffed by work and study specialists.

The service operates within business hours, and we will try and find an appointment time that works for your young person. Work and Study sessions usually take an hour.

To access the Work and Study service, all your young person needs to do is register at headspace.org.au/workandstudy (for web-chat and email) or phone 1800 610 794.

All Work and Study services are free, but if called from a mobile the usual call charges will apply.



career mentoring

Career Mentoring is an online and over the phone service that connects young people aged 18-25 with an industry mentor in their field of interest. Mentors work with young people to help them find, maintain and enjoy work.

Mentoring occurs every two weeks, for up to six months.

To register interest in Career Mentoring, your young person can visit headspace.org.au/mentoring

All Career Mentoring services are free. If a young person is connecting with their mentor by phone, they will be given a toll-free number to call.



headspace Telehealth

In regional and rural areas, getting access to expert psychiatrists is difficult. headspace Telehealth addresses this by providing 12-25 year olds in these areas access to highly-skilled psychiatrists via video consultations.

The low cost service ensures young people get high quality mental health care, while continuing their treatment within their local community.

Read more about headspace Telehealth at headspace.org.au/telehealth



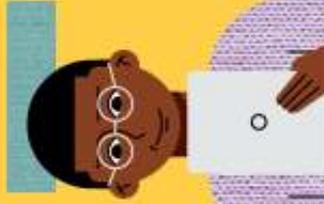
what might happen if I visit headspace?

at the first visit

Your first visit may be in person, or on the phone. At the first visit you will:

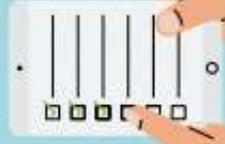
1

Fill in a registration form



2

Complete a brief online survey



3

Talk to a headspace worker



4

Be given the opportunity to:

- share what's been impacting your wellbeing
- talk together about what goals you might want to work on.

If you feel comfortable, family members are encouraged to attend.

after the first visit

If you choose to continue at headspace, together we might work on goals you've identified as important to you. We would work together to plan the next steps which may include:

- access to a doctor and/or mental health nurse for physical or mental health difficulties
- study or vocational assistance with a work and study specialist
- sexual health information and support
- alcohol and other drugs assistance from an Alcohol and other Drug Support Worker
- referral to other agencies best suited to you and your family's needs. If you need a referral from a doctor to access a particular service, we can arrange this
- mental health support, such as cognitive behavioural therapy (CBT), problem solving, supportive counselling and group therapy.



We take your confidentiality, privacy and safety seriously. Read more about confidentiality and our duty of care on page 16.

who provides services at headspace?

At headspace, you can meet with a range of workers, including:

- psychologists
- social workers
- occupational therapists
- mental health nurses
- doctors
- psychiatrists
- intake workers
- youth workers
- family workers
- Aboriginal and Torres Strait Islander health workers
- alcohol and other drug workers
- career and education workers
- support workers
- peer support workers
- and other health professionals.

These professionals work together to make it as easy as possible for you and your family to get the help you need.

Each headspace centre caters for their local community, and may not have all of the workers listed here. Make sure to check with your headspace centre about what services they provide. If they don't have the exact service you're looking for, they will be able to help recommend or suggest another service.



how to contact headspace

our centre is open Mon - Thurs 9-6pm
and Fridays 9-5pm



5381 1543



info.headspacehorsham@vt.uniting.org

or follow us on our socials



77 Hamilton Street
Horsham, Victoria





GOOLUM GOOLUM

YOUTH DROP IN

FOR 12 - 18 YEAR OLDS

MONTHLY GROUP TO HANG OUT,
PLAY GAMES, HOMEWORK HELP AND
HEAPS MORE FUN ACTIVITIES!

4:00PM - 6:00PM

AUNTY IRENE ROOM

43 HAMILTON ST, HORSHAM

*DATE TO BE CONFIRMED EACH MONTH

ALL SNACKS AND DRINKS PROVIDED

*GUARDIAN PERMISSION REQUIRED

*FOR ABORIGINAL AND TORRES STRAIT
ISLANDER YOUTH ONLY

FOR MORE INFORMATION PLEASE
CONTACT HANNAH ON 0484 268 536



Writing Hour



at the Nhill Library

Third Thursday of every month

1pm - 2pm

All welcome



Hindmarsh
Shire Libraries

Nhill Library
5 Clarence Street
03 5391 4449

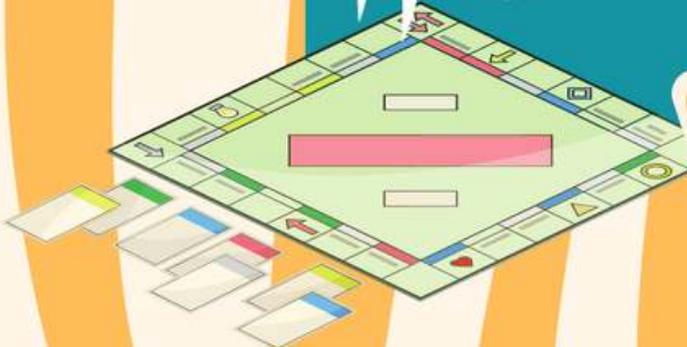
Open House

The Station will be open to come and hangout every Thursday for all young people (10 - 25) during the school term from 4pm - 6pm

Come chill in our big comfy beanbags on your own or with your friends, watching a movie or listening to music.

Snacks and other activities also available

'The Station' - 16 Pynsent Street Horsham



Anime and Manga Club

**Have an interest in
Anime and Manga?
Join Us!!**



4-5:30pm @ The Station

**Up Coming Dates:
26th February
26th March
30th April
28th May
26th June**

**Activities, snacks and drinks
provided!**

For ages 13-25

**Any questions email Ari:
arianna.vettos@hrcc.vic.gov.au**

Register via QR code



REGISTER VIA



<https://forms.office.com/r/VB3HQ0Ypy>



Larissa Riddell

Youth Services Planning &
Engagement Officer
0409827823



Ari Vettos

Youth Programs Officer

THE

STATION

16 PYNSENT STREET, HORSHAM

SCHOOL HOLIDAY PROGRAM



ART DUMP!

How creative can you be when faced with a mountain of "stuff"? Come along and find out!

WED. 9TH JULY 2:00 - 4:00



MEET THE SUGARGLIDERS

Meet one of Australia's cutest mammals and learn about their qualities and habitat!

THUR. 10TH JULY 1:30 - 3:30



KARAOKE SESH!

Channel your inner Gaga or Grohl and belt out your favourite tunes.

FRI. 11TH JULY 4:30 - 6:30



PHOTO BOMB

Upgrade your photography skills with the help of photographer Mat Dooling. BYO iPad or phone!

WED. 16TH JULY 10:30 - 12:00



GHIBLI DOUBLE FEATURE

Kick back and watch My Neighbour Totoro and Ponyo. Lunch provided!

THUR. 17TH JULY 11:00 - 3:00



LEVEL-UP GAMING

Explore the latest in video game technology with Beau Ladlow

FRI. 18TH JULY 2:00 - 6:00

What's On

July 2025

HORSHAM & SURROUNDS

Every Saturday morning

Wimmera River Parkrun - Horsham

Start your pace every Saturday with Park Run, jogging or walking along the scenic Wimmera River, meeting at Sawyer Park in Horsham at 8am, and feel free to bring your friends, family, or pets. Volunteers are always welcomed too.

Monday - Sunday

Events @ The Horsham RSL

The RSL offers a variety of events and activities! July offers, **Old Songs Never Die - Danny Stain & Full Band, Justin Landers & Owen Blundell with a Dinner Show and Morning Melodies.** Visit their website for all events at: horshamrsl.com.au/upcoming-events-1

First & Fourth Monday each month

Haven Arts and Crafts

Come and join in on art and crafts sessions at Haven Hall from 1pm to 3pm. Whether you're a seasoned artist or just looking to try something new, our sessions offer a perfect opportunity to explore your creativity in a relaxed and welcoming environment.

An ideal way to unwind, learn new skills, and connect with people.

Every Friday or By Appointment

DALKI GARRINGA - Native Nursery

Dalki Garringa owned and managed by the Barengi Gadjin Land Council. They specialise in growing native plants. The nursery is located at 127 Wail Nursery Rd, Wail, opened from 9am to 4pm. Grab a coffee while you look around! For more information visit their website or call 03 5389 1733

Wednesdays & Saturdays

Horsham Urban Landcare

The Horsham Urban Landcare team has a busy schedule each month! Join the Boomerang Bag Working Bee at the Senior Citizens Centre on the 2nd Wednesday, the Produce Swap at The Patch (Salvation Army Garden) on the 3rd Saturday, and the Repair Café at the Neighborhood House on the 4th Saturday.

Saturday 5th

Haven Market

The Haven Market is just 5km from Horsham, conveniently located alongside the Henty Hwy. Open from 9am to 1pm, the market offers a wide range of stalls featuring locally grown produce and homemade goods, something for everyone to enjoy! All set up at the charming Haven Recreation Reserve.

Saturday 5th - Sunday 6th

Victorian Country Orchid Clubs Challenge

Held at Maydale Reserve, the Horsham & District Orchid Club presents this stunning event featuring up to 11 orchid clubs, in a spectacular showcase of blooms. Browse trade stands for orchids and supplies, or stop for a chat to fellow enthusiasts.

Saturday 5th with a 12pm start & Sunday 6th with a 9am start

Sunday 13th

MXM: Web Wars

MXW pro wrestling brings the action back to Horsham! Don't miss this action packed night wrestling fun for all ages. Former WWE Superstar, Brian Kendrick meet and greet too! Book your tickets now. Held at 11 Harriett Street, Horsham, 2pm start.

Saturday 26th

Jung Market

Held at the Jung Recreation Reserve on the last Saturday of every month, excluding December when it is held on the third Saturday, from 9am to 1pm. The market has a wide range of local produce & products from stall holder.

Did you know you can advertise with us!

Simply complete the event submission form online at visithorsham.com.au/planning-an-event/promote-your-event/

Once submitted, your event will be featured on visithorsham.com.au, Visit Grampians and Visit Victoria.

We'll also promote it across our Visit Horsham Facebook and Instagram pages and include it in our Monthly What's On.



Horsham & Grampians Visitor Information Centre
Open Daily 10am-4pm (Closed ANZAC Day, Good Friday & Christmas Day)
Located within Horsham Town Hall - 71 Pynsent Street Horsham
Free Call 1800 633 218 | tourism@hrcc.vic.gov.au | visithorsham.com.au



Please note that all events are correct at time of distribution. Horsham & Grampians Visitor Information Centre take no responsibility of any advertised events that have been postponed or cancelled.

What's On

July 2025

HORSHAM & SURROUNDS

Sunday 27th

Winter Warmers

Rug up and come along for a cozy afternoon of delicious food, warming drinks, and live music at the scenic Riverfront Meeting Place! From 1pm to 6pm, enjoy the winter vibes by the water. enjoy the winter vibes by the water.



Thursday 31st

Blue Ribbon Foundation presents 'The Inside Story'

Go behind the scenes with Victoria Police lead detectives as they reveal untold details of gripping investigations. See real evidence, crime scene photos, and how cases were solved. Held at the Harvest Church and be sure to see the Blue Ribbon Facebook for more info.

Outside Horsham area:

Dimboola Tower Market, Saturday 12th, 9am to 1pm

Dimboola Tower Market offers a delightful mix of local produce, handmade crafts, vintage treasures, and community spirit. Whether you're hunting for unique gifts or just enjoying a day out, the Dimboola Tower Market promises a warm country welcome and something special for everyone.

Horsham Regional Art Gallery Exhibitions

Kaleidoscope

31st May to 5th October 2025

NAIDOC ANNUAL: The Next Generation: Strength, Vision & Legacy

5th July to 26th October 2025

View from here: Highlights from the National Gallery collection

8th March 2025 to 7th March 2027

The Mack Jost Gift

7th December 2024 to 26th December 2027

David Beaumont:Mallee Suite

5th July to 26th October 2025

Workshops:

Life Drawing: 17th, 2pm Start

Winter School Holiday Program

5th July to 17th July 2025

Tues 8th - Magical mosaics

Wed 9th - Abstract wax watercolours

Wed 16th - Painting with plasticine

Thu 10th - Acrylic paint experiments

Thu 17th - Crazy twisty sculptures

Creative Minds

Tuesday 29th, 4pm start

Mini Makers

Tuesdays, 10am starts; 5th August

Thursdays, 2pm starts; 7th August

Horsham Town Hall Performances

Queen - Its a Kinda magic

8th July, 7.00pm

TheRobertsons Brothers 1960's Variety TV show new 2025 Show

19th July, 7.30pm

The Deplorables

24th July, 7.30pm



For more details & tickets for events on at Horsham Town Hall & Horsham Regional Art Gallery, scan the QR or call 03 5382 9555



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NAIDOC WEEK EVENTS 7 to 11 July 2025

MONDAY

Flag raising Opening at Dimboola 10:30 AM - 2:30 PM

📍 A&P Society Shed, 43 Lloyd St, Dimboola

TUESDAY

Cultural activities - Tool making 10:00 AM - 2:30 PM

📍 Dudley Cornell Park, 20 Gertrude St, Horsham

WEDNESDAY

Movie Fun Day - How to train your dragon 12:30 PM Arrival
1:00PM - 2:45 PM

📍 Horsham Cinema, 41 Pynsent St, Horsham
(Booking essential - limited numbers)

WEDNESDAY

Movie Fun Day - How to train your dragon 1:00 PM Arrival
1:10PM - 3:15 PM

📍 Ararat Astor Cinema, 250 Barkly St, Ararat
(Booking essential - limited numbers)

WEDNESDAY

Art Exhibition Opening 5:30 PM - 7:00 PM

📍 Horsham Regional Art Gallery, 80 Wilson St, Horsham
Official screening of Bunjil's View "Origin of Fire"

THURSDAY

Elders & Youth luncheon 11:30 AM - 2:30 PM

📍 Horsham Sports & Community Club, 177/181 Baillie St, Horsham

THURSDAY

Mookie Night 5:15 PM Arrival 5:30 PM - 9:00 PM

📍 Antwerp
Mob's Mookie Stories on Country

FRIDAY

Stawell NAIDOC - Gathering BBQ 12:00 PM - 2:00 PM

📍 Stawell Hub, 46 Leslie St, Stawell

FRIDAY

Cultural Harvesting - BBQ at the Nursery 9:00 AM - 3:00 PM

📍 Dalki Garringa Native Nursery, 127 Wail Nursery Rd, Wail

FRIDAY

NAIDOC Cabaret Celebration 5:00 PM - 12:00AM

📍 Horsham Greyhound Racing Complex, (under grand stand)



**THE NEXT
GENERATION:
STRENGTH,
VISION &
LEGACY**
6-13 JULY 2025



**Barengi
Gadjin**
LAND COUNCIL



**HINDMARSH SHIRE
LIBRARIES
JIGSAW CLUB**
in Jeparit

Monday afternoon from
2.00pm




**Science
with Jess and Ellen**



Rainbow Library
Mon 07 Jul 2025, 11am

Jeparit Library
Tues 08 Jul 2025, 11am

Dimboola Library
Wed 16 Jul 2025, 2pm

For more information visit www.hindmarsh.vic.gov.au/events
or call (03) 5391 4444 or email youth@hindmarsh.vic.gov.au



**PAINTING
with Matilda**



Dimboola Library
Mon 07 Jul 2025, 2pm

Jeparit Library
Tues 08 Jul 2025, 1:30pm

Nhill Library
Thurs 17 Jul 2025, 1pm

For more information visit www.hindmarsh.vic.gov.au/events
or call (03) 5391 4444 or email youth@hindmarsh.vic.gov.au



YOGA WITH JANELLE

Dimboola Library

Wed 09 Jul 2025, 3:30pm

Jeparit Library

Mon 14 Jul 2025, 10am

Nhill Memorial Community Centre

Thur 17 Jul 2025, 10am

For more information visit www.hindmarsh.vic.gov.au/events
or call (03) 5391 4444 or email youth@hindmarsh.vic.gov.au



TINY GOATS AND CO



Session One

Wed 09 Jul 2025, 11am

Session Two

Wed 09 Jul 2025, 1pm

Location: 393 Dimboola-Rainbow Road

This activity has an attendance limit, should it be oversubscribed, preference will be given to residents of Hindmarsh Shire.

For more information visit www.hindmarsh.vic.gov.au/events
or call (03) 5391 4444 or email youth@hindmarsh.vic.gov.au



MAKE YOUR OWN KOKEDAMA



Nhill Memorial Community Centre

Thurs 10 Jul 2025, 10am

The Supper Room, Rainbow

Thurs 10 Jul 2025, 2:30pm



This activity has an attendance limit, should it be oversubscribed, preference will be given to residents of Hindmarsh Shire.

For more information visit www.hindmarsh.vic.gov.au/events
or call (03) 5391 4444 or email youth@hindmarsh.vic.gov.au

Buckle up and take a trip in a giant time machine to get up close and personal with a life-sized (juvenile) T-Rex!



DINOSAUR TIME MACHINE

KANIVA SHIRE HALL

WEDNESDAY 9TH JULY 11AM
TICKETS \$10PP OR \$30 FAMILY



CREATIVE VICTORIA



TALK THE TALK WORKSHOP

Harrow Golf Club, July 22, 3.30-5.30pm

A FREE workshop to help community leaders and farm supplier and service providers support people facing mental health challenges with confidence and care.

- Observe and identify signs of mental health concerns
- Start supportive conversations
- Take the next steps to provide help

Presented by Maggie Bridgewater from the Rural Financial Counselling Service



Inquiries:

Pip - 0422 061 891

Simone - 0408 349 532



BOOKINGS ESSENTIAL BY JULY 17

<https://tinyurl.com/75wkff8v>

or use the QR code

This event is part of the Victorian Government's Drought Support Package and being run by the Harrow & District We're Better Together Partnership



 SchoolTV | Wellbeing for School Communities

2025 Youth Mental Health Roadshow

Featuring Dr. Michael Carr-Gregg



Join Dr Michael Carr-Gregg for a presentation on youth mental health. His invaluable insights will equip educators with practical strategies to support student wellbeing, build resilience and navigate the challenges young people face today.

Topics will include:

- Defining mental health
- Risk assessment
- Depression and anxiety
- Managing stress
- Building resilience
- Strategies to improve youth wellbeing
- Eating disorders, ADHD & PTSD
- The state of mental health

Tuesday 29 July, 2025

Educator Information Session

4.30 pm - 5.30 pm

Kaniva Community Hub
132 Budjilk Street, Kaniva

Suitable for: Educators, school leaders, wellbeing and pastoral staff.

FREE EVENT

Registration is essential.



Horsham District Landcare Network

COMMUNITY PLANTING WEEKEND

19 & 20 July

Help us plant 3000 trees and shrubs in the Arapiles area
and restore biodiversity in the Wimmera!

Lunch, morning and afternoon tea provided.

More info and to register for this free event:



RSVP on Humanitix

www.hdln.org.au





SCHOOL HOLIDAY PROGRAM

STORYTIME

CRAFT

ACTIVITIES



Rupanyup
Tuesday 8th July
10am Circus Storytime & Activities
2pm - Circus Activities

Patchewollock
Wednesday 9th July
10am Circus Storytime & Activities

Hopetoun
Thursday 10th July
10:30am Circus Storytime & Activities

Woomelang
Tuesday 15th July
1pm Circus Activities
2pm Movie **

Warracknabeal
Tuesday 15th July
10am Circus Storytime & Activities
Wednesday 16th July
2pm Movie**

Beulah
Wednesday 16th July
10am Circus Storytime & Activities

Murtoa
Thursday 17th July
10am Circus Storytime & Activities

Minyip
Friday 18th July
10am Circus Storytime & Activities

For more information:
Phone: #03 5398 1270
Email: libraries@yarriambiack.vic.gov.au
Website: www.yarriambiack.vic.gov.au/Libraries

Parent supervision requested for children under 12 years.
** Please contact Library for details of the title of movie being shown

**FREE
SESSIONS**

In partnership with our local Neighbourhood Houses,
Hindmarsh Shire Council is proud to present

Budgeting basics

Come and learn how to create a basic budget, and simple tips to grow your financial understanding, as well as how to save up for something special!

**Thursday July 3
12pm-2pm**

**Nhill Learning
Centre**

RSVP by 1st July

**Thursday July 10
12pm-2pm**

**Rainbow Learning
Group and
Neighbourhood
House**

RSVP by 8th July

RSVP: slynch@hindmarsh.vic.gov.au

GLOW

BRINGING LIGHT TO HALLS GAP

JULY 5 – AUGUST 31

AN EIGHT-WEEK FESTIVAL OF LIGHTS AND GATHERINGS AROUND
COMMUNITY, ART, WELLBEING, CREATIVITY, GASTRONOMY AND ADVENTURE