



headspace Hawthorn

Youth Advisory Group

Are you aged between 16 and 25? Do you have something to say about the mental health and wellbeing of young people?

What is the **headspace** Hawthorn Youth Advisory Group?

The **headspace** Hawthorn Youth Advisory Group (YAG) aims to reduce the barriers that prevent young people from seeking help early and improve the services available to them. This is achieved through the following activities:

- Project Development and Delivery
- Awareness Raising
- Health Education
- Consultation
- Marketing and Social Media
- Public Speaking

By getting involved you will:

- Meet new like-minded people
- Have fun in a team environment
- Be a voice for young people in relation to mental health
- Provide feedback on how to improve youth mental health services
- Develop new skills
- Make a difference to headspace Hawthorn and your community

How do I apply?

Complete the application form and email it to chloe.godau@headspacehawthorn.org.au



Application Form

Full Name

Age

Gender

Mobile

Address

Email

What languages do you speak at home?

Where were you born?

Where were your parents born?

Are you Aboriginal or Torres Strait Islander?

Have you experienced a mental health problem?



Why do you want to become a member of the **headspace** Hawthorn YAG?

What aspects of youth mental health and wellbeing are you passionate about?

What skills could you bring to the headspace Hawthorn YAG?

What experiences have you had in regards to team work?

Are you able to make the minimum commitment of a 2 hour monthly meeting and other events as required?