



## Service provider referral form

Referral to headspace services (please select one and forward to nearest centre):

☐ Mount Druitt	Parramatta
55 North Parade, Mount Druitt, 2770  Phone: 1800 683 784  Fax: (02) 4720 8899  Email: headspacemtdruitt@uniting.org	2 Wentworth St, Parramatta, NSW, 2150 Phone: 1300 737 616 Fax: (02) 8331 6056 Email: matt@uniting.org
Hawkesbury  120 Francis St, Richmond, 2753	For headspace Primary Care, Parramatta, please click <u>here</u> .
Phone: 1800 517 171  Fax: (02) 4504 8887  Email: headspacehawkesbury@uniting.org	Penrith
☐ Katoomba	606 High St, Penrith, NSW, 2750 <b>Phone:</b> 1800 477 626 <b>Fax:</b> (02) 4720 8844
37 Waratah St, Katoomba, NSW, 2780  Phone: 1800 478 626  Fax: (02) 4720 8881  Email: headspacekatoomba@uniting.org	Email: headspacepenrith@uniting.org
mportant information regarding your referral, p	lease read:

- **headspace** is a service for young people between the ages of 12 to 25. We can only engage with young people who have provided consent to the referral.
- If the young person is at high or acute risk of suicide, please contact emergency services on 000.
- Please note that receipt of the referral form does not indicate acceptance to the
  headspace services. Suitability of the referral will be determined following assessment
  with the young person. Please contact the relevant headspace site to confirm receipt and
  discuss the outcome of your referral.
- To assist with the referral, please attach any relevant assessment notes, discharge summaries and/or additional information. We will endeavour to respond to referrals within 24 48 hours business hours. If you have any queries pertaining to your referral, please call the relevant site using the contact details above.

Consent for referral: If the young person is unable to provide informed consent due to mental state (e.g.psychosis), please contact us.

Has the young person consented	I to and	l provid	ed perm	ission	to excha	nge inf	ormati	ion ii	n
relation to this referral?									

☐ Yes ☐ No	
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Primary reason(s) for referral: This section must be completed. Please contact us for queries regarding services available. If you wish to refer to the headspace Primary Care team Parramatta, please use the referral form found here. Short-term Mental Health Intervention with headspace Primary Care Team Does the YP have a Mental Health Care Plan? Yes Assessment with headspace Early Psychosis Program Drug and alcohol support Vocational support Physical health support Referrer details: We will be corresponding with you using the below details. Please ensure that all details listed below are current. Name of referrer: Organisation: Relationship to young person: Designation: Contact number: Fax: Service address: Email: Parent/guardian details: \* please note that if the Young person is aged 15 and under, we will require a parent or guardian to be documented on this form. Name: Relationship to young person: Contact number:

No

Yes

Do we have permission to speak with the young person identified?

## Young Person's details: Name: Date of birth: Age: Gender: Address: Suburb: Postcode: Contact number 1: Contact number 2: Medicare card details: Expiry date:

Yes

Yes

No

No

P	rese	ntina	Issues:
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Interpreter required?

If yes, which language:

Assistance with reading/writing?

**Current presenting issues** (please include duration, age of onset, and any relevant pre existing diagnoses):

Impact of problem on functioning: (e.g. relationships/school/home/work)

Please indicate if there is any known family history of mental health conditions:

Previous/current engagement with headspace or other services:

What would the young person like to achieve by coming to headspace? What are the young persons goals? (health/school/work/relationships etc)

Risk Factors:				
Suicide	Non-accidental self-injury			
Anxiolytics	Extreme social withdrawal			
Homelessness	Substance use			
Accidental Death	Non-compliance			
Details:				
By signing this document, the referrer agrees that the above information is accurate and current to their knowledge				
Referrer's signature:	Date:			

Office Use Only  Plan (to be reviewed at intake meeting): When booking appointment, please request that the young person attends 15 minutes prior to their appointment time				
Book with YAT Clinician		Date/time:		
Clinician:				
Joint YAT/MATT Consultation		Date/time:		
Clinician:				
MATT Assessment				
Referral to Co-located Team		Date/time:		
Clinician(s):				
Declined/referred elsewhere				
Recommendations Made:				

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If you need to speak to someone urgently, please call Lifeline on 13 11 14, Kids helpline 1800 55 1800 or the NSW Mental Health Line 1800 011 511. If you need immediate support, call 000.

You can also get help in person at a headspace centre located near you or via our online support service at eheadspace.

Visit: <a href="headspace.org.au/headspace-centres/">headspace.org.au/headspace-centres/</a> or <a href="headspace.org.au/eheadspace-centres/">headspace.org.au/headspace-centres/</a> or <a href="headspace.org.au/eheadspace-centres/">headspace.org.au/eheadspace/</a>



