

Position Description



Mental Health Clinician

Program	Headspace Griffith
Location	Griffith
Employment Type	Full Time or Part Time
Classification	SCHADS
Travel Required	As Requested

About Centacare South West NSW

We are a Catholic Social Service agency of the Diocese of Wagga Wagga, and we exist to make a positive difference in people's lives. Our Vision is to empower communities, children, individuals, and families to create change for the better. We do this by creating thriving, resilient, and connected communities. Centacare South West NSW is the lead agency for headspace Griffith.

Our Objectives:

- Community needs are at the heart of everything we do.
- We are a recognised and trusted brand, and a provider of choice for our communities.
- We demonstrate organisational sustainability.
- We foster our Catholic Identity.

Organisational Context

The Mental Health Clinician is a part of the headspace Griffith team that works closely with the Centre Manager and Clinical Lead to ensure headspace's core business is delivered across locations.

We are a not for profit, non- government organisation that has been providing professional services to individuals, children, health care professionals, businesses, and families since 1991. We are a member of Catholic Social Services Australia.

We act on behalf of the Diocese of Wagga Wagga to alleviate disadvantage through the provision of services to children, young people, individuals, families, and the broader communities within South West NSW.

Position Purpose

This position will provide a range of therapeutic interventions and case management services for young people and their families, presenting with mild to moderate mental health challenges. Interventions are required to be evidence based that are trauma informed and culturally sensitive. Individuals and families, can receive a range of services, including (but not limited to) individual and family counselling, multi-session or one-off psychoeducation group work, seminars, information, and referrals. There will be a strong focus on strengthening supportive relationships, capacity building and empowering vulnerable and disadvantaged young people. This role will also include promoting Centacare and headspace services, along with networking and collaborating with service providers to benefit the communities within the area.

Reports to	Centre Manager – headspace Griffith
Direct Reports	None
Division	Headspace Griffith
Requirements	<ul style="list-style-type: none"> • Working with Children Check. • NDIS Worker Screening Check • Possess an unencumbered driver's license.

Relationships

External	<ul style="list-style-type: none"> • headspace National • NSW State Government Funded Bodies (Police, Health, Education) • Families and Friends of young people
Works Closely with	<ul style="list-style-type: none"> • Centacare South West NSW Management Team • headspace Griffith – Clinical Lead • Other Centacare Staff.

Skills & Responsibilities

These Key Accountabilities align with Centacare SW NSW's strategic and operational goal.

Skills & Responsibilities
Client Support
<ul style="list-style-type: none"> • Provide individual and family mental health interventions, psycho-educational and or therapeutic group programs, as requested by Centre Manager or Clinical Lead • Engage with family or carers of all young people unless specifically indicated otherwise. • Liaise with all internal and external health professionals engaged with young person/client (with consent). • Ensure the intake, screening and assessment process establishes the needs of each client. • Manage a case-work load in consultation with the Centre Manager and Clinical Lead Provide face to face, phone, online telehealth, advocacy, information, and referral. • Prepare and maintain appropriate, accurate and confidential records of client work, including case management plans, reports and assessments as appropriate and statistical data as required by Board, CEO, management, and headspace National • Provide outreach services /psycho education programs and services as requested by Centacare South West NSW/ headspace Griffith
Service Quality

- Establish and maintain specific and identified linkages within the local interagency networks with active referrals to and from networks to enhance partnerships and improve access to services.
- Develop and contribute to community events that ensure young people have increased connections and social networks.
- Maintain professional records and ensure clinical and administrative standards are maintained in accordance with the current legislation and Centacare's Clinical Governance Framework.
- Ensure the use and implementation of evidence base best practice interventions.
- Monitor, review and evaluate participant outcomes.
- Monitor, review and manage participant waiting lists.

Health & Safety

- Adhere and contribute to Work Health and Safety (WHS) by complying with the Work Health Safety Act 2011, and the organisations WHS management system.
- Contribute to and ensure a positive and collaborative culture is instilled within the organisation.

Quality Assurance

- Contribute to continuous improvement processes and adhere to Quality Assurance policies.
- Be familiar with the use of procedures and their relation to Centacare policies.
- Adhere and contribute to Agency policy and procedures. Work to be consistent with the ethos and ethical standards.
- Complete all mandatory learning according to Centacare requirements and induction.

Human Resources

- Participate in Centacare's Professional Review and Planning process including reviewing process to better the outcome of young people, individuals, and families.
- Comply with all professional development requirements of registration.
- Undertake appropriate clinical supervision to meet professional registration.
- Participate in relevant team or peer support activities.
- Undertake any other duties as requested by your manager or Executive.

Selection Criteria






Essential:

- Hold tertiary qualifications in Social Work, Psychology, Occupational Therapy or Mental Health Nursing.
- Full registration and membership with professional bodies Australian Association of Social Workers (AASW), The Australian Health Practitioner Regulation Agency (AHPRA).
- Demonstrated understanding of and competence in the provision of providing good clinical care to young people with mental health problems including assessing and managing risk for young people presenting with a broad range of issues.
- Demonstrated experience delivering family inclusive practice and integrated care with the ability to apply these to a variety of contexts.
- Demonstrated high level of interpersonal skills with a proven ability to participate in a collaborative and supportive manner, and the capacity to work both independently and as part of a team.
- Inclusive practice with Aboriginal and Torres Strait Islander people, Cultural Linguistically Diverse clients, Young people with disabilities and young people who identify as LGBTQIA+
- Highly developed relationship building and communication skills and ability to work collaboratively with internal and external stakeholders.

Desirable:

- Demonstrated experience delivering evidence-based group work and the ability to apply that to a variety of contexts.

Centacare South West NSW Values

 <p>Courage</p>	<p>We are a strong and sustainable service, with good operational performance to ensure we can meet community needs now and into the future. By maintaining governance and performance frameworks that promote quality services and a professional and skilled workforce.</p>
 <p>Respect</p>	<p>Along with our engaged staff who are leading brand ambassadors for Centacare we will strengthen our community insight through consumer and carer consultation.</p>
 <p>Compassion</p>	<p>Community needs are at the heart of everything we do. We are a leading social service agency providing quality services to the vulnerable, continually increasing services to meet the growing needs of our communities.</p>
 <p>Team</p>	<p>We are a team. We build a positive team spirit. We watch out for each other. We support each other and we celebrate success. As a team, we make a difference.</p>
 <p>Faith</p>	<p>As a Catholic Social Service Agency, we are proud of our heritage, spirituality, vocation, and whole-person care. We embed Catholic Social Teaching and social justice which guides our work and provides the foundation for our values. By working with the whole person, as an individual, as a family, as a community and as a unique spiritual being.</p>

Centacare South West NSW is committed to ensure our organisation upholds the Safety of all children and young people and their right to be safe. We are compliant with the recommendations of the Office of Children's Guardian.

Reviewer:	CEO	Version:	August 2023
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