



# Youth Reference Group

## POSITION DESCRIPTION



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| Role Title:    | Youth Reference Group Member                              |
| Where:         | headspace Greensborough & Plenty Valley Centres           |
| Supervised by: | headspace Greensborough Community engagement practitioner |
| Hours:         | Casual Volunteer  |

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### About headspace Greensborough & Plenty Valley

headspace Greensborough and headspace Plenty Valley support young people aged 12–25 across Banyule, Nillumbik and Whittlesea areas, promoting better mental health and social wellbeing through accessible, youth-friendly services and programs.

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### Purpose of the position

headspace Greensborough & Plenty Valley Youth Reference Group (YRG), is a diverse group of volunteers aged 16-25 years that provide consultation and guidance to headspace Greensborough & Plenty Valley around the engagement of and support to young people within the community.

The YRG will have the opportunity to provide feedback and input into the strategic direction of headspace centres and be involved in the development of projects/activities in the local community and within headspace to raise awareness of mental health issues and help seeking services.

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### Key Responsibilities

Working with headspace Greensborough & Plenty Valley Community engagement practitioner and Service manager staff the primary objective of the YRG member is to provide guidance that will facilitate improvements in the mental health, social wellbeing of young people aged 12-25 years within the community, this will be achieved by:

- Participation in face to face/ online meetings every month (approximately 90minutes).
- Undertaking training about headspace services, mental health, and other associated topics.
- Supporting the development and delivery of local headspace activities.
- Involvement in community education activities, or as media spokespeople on the issue of youth mental health and well-being. Training for this will be provided.
- Presenting at public functions or at local schools, sporting clubs, conferences & festivals.
- Providing advice and feedback around the strategic direction and development of headspace services.
- Representing the voice of youth in headspace meetings, team meetings, and consortium meetings.
- Other responsibilities as assigned by the community engagement practitioner and/or headspace Centre Manager.

## Key Selection Criteria

- Be aged between 16 & 25 years at the age of application.
  - Be passionate about youth mental health and/or alcohol and other drug issues.
  - Be passionate about improving youth mental health services.
  - Can work in a team and participate in group discussions as well as work independently.
  - Can balance physical & mental health, other responsibilities like school/work/uni/family and the time in the YRG position.
  - Have the motivation, willingness, and commitment to participate and respond to communications on an ongoing basis.
  - Be willing to talk about youth mental health challenges.
  - Have regular access to the internet and phone.
  - Be willing to participate in the closed YRG Facebook group between monthly meetings.
  - Be willing to participate in YRG lead projects.
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## Workplace Practices

All headspace Greensborough & Plenty Valley employees and volunteers are required to familiarise themselves with the organisation's policies and procedures and always abide by them. It is further expected that employees/volunteers will:

- Be respectful towards the organisation, colleagues, clients and the public.
- Uphold the objectives and philosophy of headspace & lead agency of Greensborough/Plenty Valley headspace which is MIND Australia
- Act collaboratively and in a safe and responsible manner.

This position requires applicants to undergo or hold a current Working with Children Check (volunteer or employee)

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## How to apply

YRG expression of interest form [HERE](#)

For more information, please contact Joel Rainford – Community engagement practitioner on (03) 9433 7200 or email: [joel.rainford@mindaustralia.org.au](mailto:joel.rainford@mindaustralia.org.au)