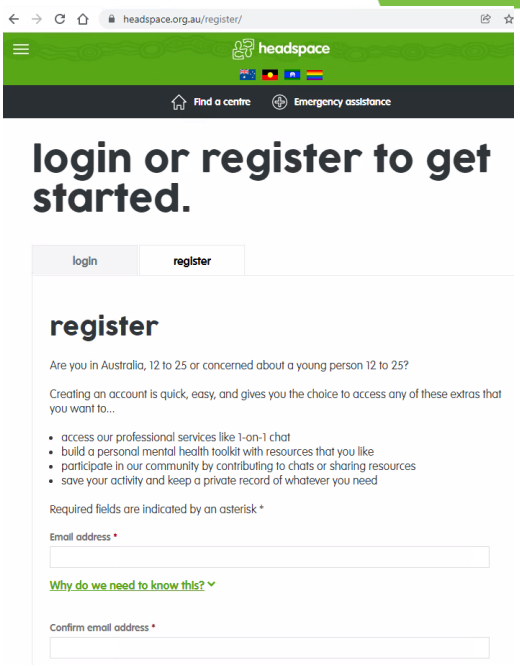
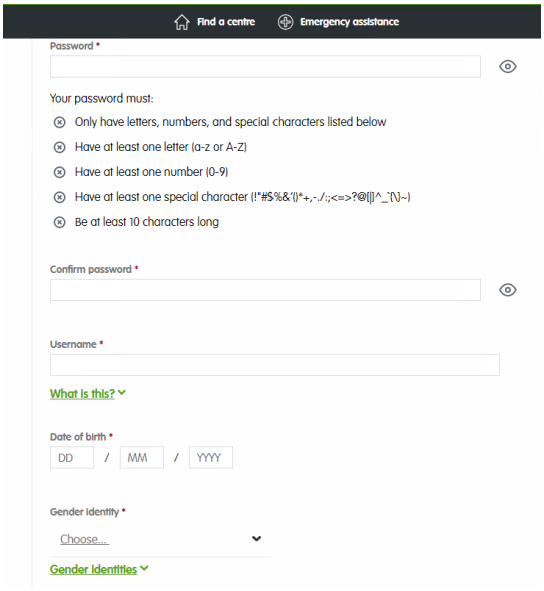
Create an Eheadspace account

https://headspace.org.au/eheadspace/

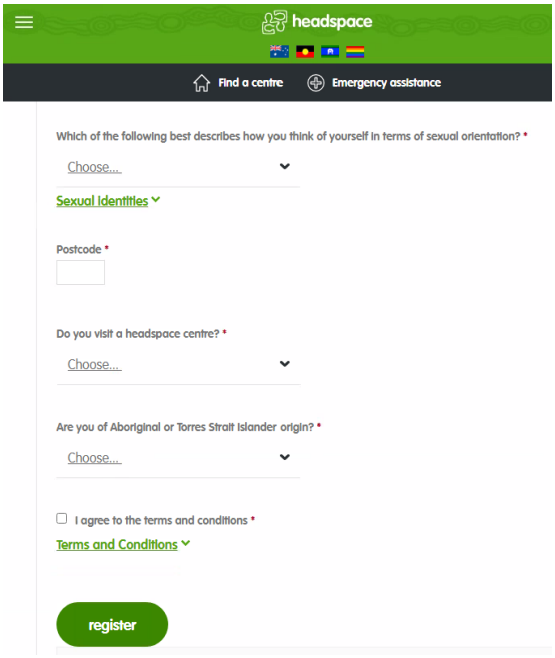
- Click -create an account button at bottom of page



- Login/register page opens, select register
- Add email address
- Confirm email address



- Create a password
- Confirm password
- Create a user name
- Enter date of birth
- Choose gender identity



- Choose sexual orientation
- Add Postcode
- Choose Your headspace centre
- Select status for Aboriginal or Torres Strait Islander origin
- Read terms and conditions
- Select the tick box to agree to terms and conditions
- Select Register button

- Peer support web chats every Mon-Thurs