



Please email your requests to silas.pollard@health.nsw.gov.au or contact Silas on 4304 7870

headspace Presentation Request Form

Organisation Name:	
Organisation Address:	
Name of Requester:	
Position of Requester:	
Phone:	
Email:	

Details of Request:

Date of proposed event:		Event/Presentation Start Time:
Alternate date(if applicable)		Event/Presentation Finish Time:
Age range/year group		Number of Participants:

What would you like us to do? Please tick box/boxes

Power Point Presentations Available:	Pop Up Shop:	Capacity Building	headspace School support: (Suicide Postvention for Teachers)
<input type="checkbox"/> An introduction to Mental Health <input type="checkbox"/> Tips for a Healthy headspace <input type="checkbox"/> Meet headspace <input type="checkbox"/> Stress <input type="checkbox"/> Bullying <input type="checkbox"/> Anxiety <input type="checkbox"/> Depression <input type="checkbox"/> Body Image and Eating <input type="checkbox"/> Understanding Grief <i>All presentations appropriate for young people aged 12-25 years</i>	<input type="checkbox"/> Recess or lunch visit <input type="checkbox"/> headspace staff member <input type="checkbox"/> Set up stall <input type="checkbox"/> Disseminate Fact Sheets <input type="checkbox"/> Disseminate merchandise <i>*Note: Pop Up Shops will only be offered in conjunction with a presentation (and will be offered on the same day as the presentation)</i>	<input type="checkbox"/> Meeting with the SRC for mental health literacy education <input type="checkbox"/> Meeting with identified "Student Champions" for mental health literacy education <input type="checkbox"/> Meet with relevant students to provide input into mental health framework for student population <i>Capacity building involves headspace supporting identified school champions to provide relevant information to other students on mental health service</i>	<input type="checkbox"/> Phone and email support <input type="checkbox"/> Preparing a school in the event of a suicide occurring <input type="checkbox"/> Staff capacity building around the issues of suicide <input type="checkbox"/> Staff and parent information sessions <input type="checkbox"/> Evidence based resources, including range of fact sheets <input type="checkbox"/> Comprehensive postvention toolkit <input type="checkbox"/> Assistance with critical incident review <input type="checkbox"/> Education and training related to suicide <input type="checkbox"/> Media liaison and advice <i>If you would like support in these areas, we will provide your contact details to the headspace School Support Service.</i>

*All requests will be subject to availability and approval process. You will be contacted to discuss your request.