

Key National Dates – headspace Gladstone

name	date	description	Notes/Actions
January			
World Day of Social Justice	20 January	Social justice is an underlying principle for peaceful and prosperous coexistence within and among nations. We uphold the principles of social justice when we promote gender equality or the rights of indigenous peoples and migrants. We advance social justice when we remove barriers that people face because of gender, age, race, ethnicity, religion, culture or disability.	
Australia Day	26 January	Official national day of Australia. Anniversary of arrival of the first fleet of British Ships in 1788.	
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February			
FebFast	February	Participants are encouraged to go without something for 28 days in February. They can register online as a team or go solo. All proceeds are used to prevent youth addiction (1% admin costs, 32% preventative health campaign, 67% alcohol and drug support – 2013 costs)	
Mardi Gras	7 February – 2 March	Aim to raise the visibility of the lesbian, gay, bisexual, transgender, queer and intersex communities.	
Safer Internet Day	(Second day of the second week of February)	From cyber bullying to social networking, each year Insafe aims to be at the forefront of emerging online issues and chooses a topic reflecting current concerns. For SID 2013 we focused on online rights and responsibilities, as we encouraged users to 'connect with	

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V-Day / One Billion Rising	14 February	Global activist movement to end violence against women and girls.	
National Condom Day	14 February	Raise awareness of sexual health and family planning. Celebrated on Valentine's Day.	
Valentine's Day	14 February	Annual day celebrated by many as a day of love and romance.	
Australia's Healthy Weight Week	22 – 26 February, 2016 27 February – 3 March, 2017	O'Week events can range from as simple as campus tours and learning about university life, to live bands, parties and other events.	
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March			
Clean Up Australia Day	2 March	Clean Up Australia Day encourages all Australians to take to their community, parks, bushland, streets and elsewhere to help clean up rubbish and make our local environment a better one to live in.	
World's Greatest Shave	13 – 16 March	Every hour someone is diagnosed with lymphoma, myeloma or leukaemia. Every second hour, somebody dies from one of these diseases. The World's Greatest Shave is a yearly event where participants raise money for cancer research by braving the shave.	
International Day of Happiness (UN)	20 March	Do something big or small to celebrate the international day of happiness.	
National Close the Gap Day	March	In 2012 alone, more than 130,000 Australians joined National Close the Gap Day to show their support, to talk about, to spread the word and to take action to improve Indigenous health.	

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National Day of Action against Bullying and Violence	21 March	Focus for all schools to say “Bullying, No Way!” and to strengthen their existing everyday messages that bullying and violence at school are okay at any time. Encourages parents and families to take a stand against school, and non-school, bullying.	
April			
World Health Day	April 7	Small creatures, big threat. This campaign focuses on some of the main vectors and the diseases they cause and what we can all do to protect ourselves.	
National Youth Week	8 – 17 April, 2016 31 March – 9 April, 2017	National Youth Week (NYW) is the largest celebration of young people in Australia. Thousands of young people aged 12-25 from across Australia get involved in NYW each year.	
Groovin’ The Moo	Late April – Early May	Annual music festival held in various regional areas in Australia.	
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May			
National Volunteer Week	15 – 21 May	National Volunteer Week celebrates the lives and contributions of the many volunteers around Australia.	
National Families Week	15 – 21 May	‘Stronger families, strong communities’	
Schizophrenia Awareness Week	18 – 24 May	Focusing on the physical health of people with schizophrenia and other mental health illnesses.	

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National Sorry Day	26 May	National Sorry Day is a continuing effort to achieve appropriate education, reconciliation and recognition for the Aboriginal stolen generation.	
National Reconciliation Week	27 May – 3 June, Every Year	Celebrates the rich culture and history of the First Australians.	
Wear White at Work	29 May	'Wear white at work' and donate a gold coin to show support for mental illness sufferers and families of suicide victims.	
World No Tobacco Day	31 May, Every Year	Every year the World Health Organisation aims to highlight the health risks associated with tobacco use and advocates for effective policies to healthily reduce tobacco consumption.	
IDAHOBIT	17 May, Every Year	Draw the attention of policy makers, opinion leaders, social movements, the public and the media to the violence and discrimination experienced by LGBTI people internationally.	
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June			
Stay Smart Online Week	TBA	Helps Australians using the internet – whether at home, the workplace or school – understand the simple steps they can take to protect their personal and financial information online.	
Mabo day	3 June	Mabo Day commemorates the anniversary of the 1992 High Court decision in the case brought by Eddie Mabo and others which recognised the existence in Australia of native title rights. The historic court decision buried the legal description of early Australia as 'terra nullius', or 'no man's land.'	
Refugee Week	Mid-Late June	Acknowledge not only the issues affecting current refugees but the contributions made by refugees to Australia. Coincides with World Refugee Day.	

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World Refugee Day	20 June, Every Year		
Mens Health Week	13 – 19 June, 2016 Week leading up to and including father's day (US, not AUS) every year	Acknowledged every year in the lead up to (US) Father's Day. Is about promoting boys' and men's health and well-being.	
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July			
NAIDOC Week – National Aborigines and Islanders Day Observance Committee	5 – 12 July, 2015 NAIDOC Week is usually held from the first to second Sunday in July each year	Celebrate the rich history, culture and achievements of the Aboriginal and Torres Strait Islander people.	
Lifelines Stress Down Day	Probably 24 July, 2015 Probably 22 July, 2016 TBA	Fun and easy initiative to reduce stress and raise awareness of Lifeline.	
National Suicide Prevention Conference	July	An annual conference to provide a platform for the exchange of ideas to help achieve the goal of halving suicides in Australia over the next decade.	
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August			

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UN International Day of Indigenous People	9 August, Every Year		
UN International Youth Day	12 August, Every Year		
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September			
Father's Day (AUS)	6 September, 2015 4 September, 2016		
R U OK? Day	10 September 2015 (Second Thursday of September)	Aims to inspire Australians to have meaningful conversations throughout the year to help anyone who might be struggling with life.	
World Suicide Prevention Day	September 10, Every Year	Events, conferences, campaigns and local activities all held to call public attention to the world's largest cause of premature and unnecessary death – suicide.	
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October			
HSC, QLD, VCE exams begin	October		

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Nationally assessed language exam	October		
Beyond Blue Anxiety and Depression Month	October	A day for mental health education, awareness and advocacy to encourage help seeking behaviour, reduce stigma associated with mental illness and foster connectivity throughout communities.	
Mental Health Week	9 – 14th October, 2016	Coincides with Mental Health Day	
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November			
WACE, TCE and SACE exams begin	November		
HSC, QLD, SACE, WACE and TCE exams finish	November		
November	November	The Movember Foundation is a global men's health charity committed to changing the face of men's health. With an official presence in 21 countries, the Movember Foundation is committed to driving significant improvements for the prioritised men's health issues – prostate cancer, testicular cancer and mental health.	
National Psychology Week (NPW)	November, 2016	Nationwide recognition of the importance of studying psychology and the work psychologists do around Australia.	

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White Ribbon Day	25 November, Every Year	Campaign against violence against women	
Schoolies Week	November	Celebrations for the end of high school for thousands of young Australians.	
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December			
World AIDS Day	December 1, Every Year	Opportunity for people around the world to unite in the fight against HIV, show their support for people living with HIV and commemorate all those who have passed due to the effects of HIV.	
International Volunteer Day	December 5	A day of awareness and recognition of volunteers and the good work they do around the world.	

School Terms QLD

Term 1 - January 25th to March 24th

Term 2 – April 11th to June 24th

Term 3 – July 11th to September 16th

Term 4 – October 4th to December 9th