

headspace Fremantle has moved - 39 Adelaide Street Fremantle from late July 2026 !

Free Parking:

- We have **two free headspace parking bays** in the Wilsons car park under our building at 39 Adelaide Street. Please park in the reserved for headspace bays for free parking.
- All other bays in the Wilson Car park are paid parking, from \$2 per hour. We recommend downloading the Wilson App, as you can easily adjust your parking session to be longer if needed. [Find a Park | Wilson Parking](#)

Accessible Parking

- There is also **accessible parking available** in the Wilson Car park, with four disability bays available. Please display your permit clearly on your dash and our program administrators will arrange payment for your parking for the duration of your appointment. You can contact them on 9431 7453 and they will come down and meet you in the car park.
- **Lifts:** For accessibility there is a lift from the carpark to the building foyer. Headspace Fremantle is located on level 1. When you come out of the lift, turn left and you will see our doors to our reception from the foyer.

Street Parking

- Please note that parking bays directly outside our building on Adelaide Street are 30 mins free parking only. If you park here for the duration of your appointment, you will risk a fine from rangers.
- If you want to park on the street we recommend trying on Catonement, Parry or Quarry Streets. Ellen Street also has 107 street bays.



- Quarry Street carpark (Corner of Quarry and Parry St) has just opened with 125 standard parking bays, 2 ACROD accessible bays and 4 motorcycle bays. You can pay via meter or the easy park app.

You can use the 'EasyPark' app for all city of Fremantle paid street parking.

Find a map of all parking in Freo [here](#)

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Public Transport:

- We have a bus stop directly outside our reception! (*Adelaide St After Parry St, Stop ID: 10427*)
This is for routes



Buses

111

148

158

160

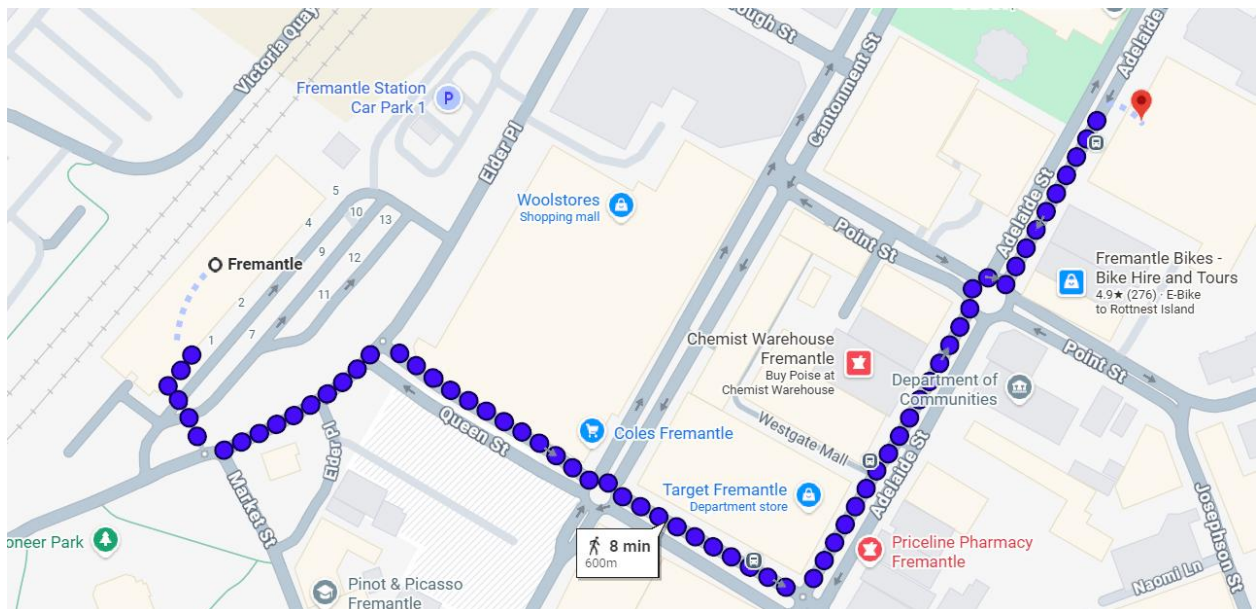
500

548

910

There are also many buses that stop at South Terrace (the cappuccino strip, where all the cafes and yo-chi is!) and it's a short walk to our centre.

- From Fremantle train station it is an 8 minute walk, to our centre.



- You can plan your journey via public transport here [Transperth JourneyPlanner](#)
- A reminder that due to the Fremantle bridge closure, there is a free a free transit zone along South Tce between Douro Rd and Fremantle Station operating during the bridge closure period. [Fremantle Traffic Bridge Closure](#)
- **Did you know that every Thursday we offer sessions at the Cockburn Youth Centre** (just near Gateways shopping centre) if this is easier for you to get too, please speak with our reception team or your clinician

We want you to share any feedback you may have with us about our new building, including any barriers to parking.

[More info here](#)