

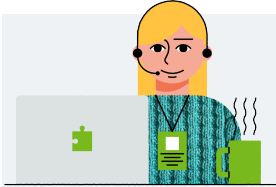
work and study

Here are some of the resources to help support young people with their work and study goals - for more information call our office on 9769 6419



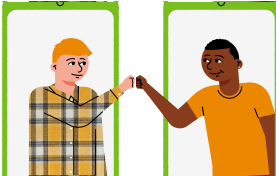
Individual Placement Support (IPS) - in centre

IPS is a specialised program that helps young people with mental health concerns work in jobs they are interested in and passionate about. IPS can also support with looking at study options, creating



Digital Work and Study (headspace National)

This is an online team to help young people with work and study options; to find out more, head to <https://headspace.org.au/services/work-and-study-support/online/> or call 1800 810 794.



Career Mentoring (headspace National)

Career Mentoring, run through headspace National, matches young people with an industry mentor online - they can help develop the right skills and give advice and support. Head to the headspace National website for more information.



Services Australia: Centrelink (an in-reaching service)

Young people can make appointments with a Centrelink Community Worker at headspace Frankston to help assist them with applying for and managing their Centrelink payments.



SkillsPlus and BRACE (external support)

SkillsPlus and BRACE are two not-for-profit organisations that run a diverse range of services, offering a pathway from education and training into employment. To find out more, head to <https://skillsplus.com.au/>